CHAPTER VI

CONCLUSION

LIMITATIONS

IMPLICATIONS
Conclusions:

This is one of the few psychological studies that have attempted to determine the
a) temperamental disposition, self image profile of the MOT-RSG & RSG as
compared to MOT-CG & CG; b) perception parent–child relation, direction of
aggression and frustration reactions of RSG as compared to CG.

1. The investigation may lead to a conclusion that it is MOT-RSG’s high novelty
seeking temperamental disposition (as revealed on TCI) is what acts as a
driving force behind sending their children to perform on the platform of
reality show.

2. MOT-RSG’s low self esteem and low self satisfaction on SIP-AD than MOT-
CG, perhaps lead to a sense of vacuum which they strive to engage with, to an
optimal level, through the possible fame and success of their children.

3. MOT-CG is more reserved and systematic as compared to MOT-RSG due to
their low novelty seeking temperament (as revealed on TCI).

4. Additionally MOT-CG is fraught with a sense of accomplishment owing to
their high self esteem and satisfaction (as revealed on SIP-AD) as well.

5. The comparative evaluation of the findings indicated that RSG performers
endorsed greater novelty seeking just like their mothers on Junior
Temperament and Character Inventory in comparison to CG children. It
enables them also to accept the long vibes of competition easily.

6. RSG and CG differed in terms of self esteem on Self Image Profile for
Children and Self Image Profile for Adolescents. RSG performers have low
self esteem than CG children. This low self esteem of RSG performers drives
them to seek more stimuli from the environment.
7. RSG and the CG differed from each other with respect to ego defence, Intropunitiveness and extrapunitiveness (domains of Rosenzweig Picture Frustration Study), showing RSG has low ego defence, high intropunitiveness and low extrapunitiveness.

8. With respect to symbolic punishment, objective punishment, demanding, protecting and loving dimensions of Parent Child Relationship Scale – Mother, RSG & CG differed significantly from each other. RSG children have perceived their mothers as more symbolic punisher, objective punisher, demanding, protecting and loving.

9. With respect to symbolic punishment, objective punishment dimensions of Parent Child Relationship Scale – Father, RSG & CG differed significantly from each other. RSG children have perceived their fathers as more symbolic punisher, objectively punisher and rejecting.
Limitations:

No research is free from its limitations; this investigation has certain lacunas which could not be eliminated primarily because purposive sampling that was adopted in the present study.

1. Considering the show organiser’s verbal guide line it was not possible to take any measure of stress and anxiety aspects of the performers. Those dimensions would provide much richer information regarding the mental health of the junior reality TV show performers.

2. Wide generalisations regarding our findings warrant a larger sample size.

3. In the present study if participants of control group children were chosen from institutions where they stay separately from their parents for 1 – 2 months to learn music would have been better matching to reality television show performer. It was not possible due to unavailability of representation of such population.

4. RSG performers were mostly accompanied by their mothers. Thus it was not possible to include their fathers in the study.

Implication:

1. Since children are making a beeline for the reality show at present, this study helps to throw some significant light on the characteristics of the children and their mother.

2. It provides some insight vis-a-vis their psyche and their spaces of work helping us to offer them a better mental health in the given situation.
Scope For Further Research:

The junior performers are under huge and constant stress during the reality show competitions. Hence, an ideal way to take it forward would be to conduct a research to find out their level of anxiety, stress tolerance and coping strategies.

Moreover, since these performers are in a developing phase of life, a longitudinal study on their respective meanings of life would pave the way to reach a holistic understanding.