This study investigated the level of functional abilities and problems of adults with Intellectual Disability. The sample is composed of 200 adults with intellectual disability and their parents in Ernakulam and Kottayam districts of Kerala State. Method of random sampling is employed for the selection of the sample. The tools used for collecting data are scales for identifying level of functional abilities and level of problems of adults with intellectual disability as well as the level of parental expectation. The data collected were analyzed using appropriate statistical techniques such as Descriptive statistics, Student’s t-test, One Way Analysis of Variance, Scheffe test for pair wise comparison and Karl Pearson’s Product moment correlation coefficient. The results shown that 59.76% of adults with mild intellectual disability have moderate level of overall functional ability, whereas, 35.36% of them possesses independent functional level and 4.88% of them have poor level of functioning. Not even a single adult with moderate intellectual disability have independent level in total functional ability. Majority of the adults (90.24%) with mild ID have no problems, 50.65% of adults with moderate ID have no problems, 44.83% of the adults with severe ID have low level problems and most of adults with profound ID do not have serious problems. The expectation of the parents of adults with ID was found to be in the moderate to high level. All the stated hypotheses were tested and conclusions were drawn. Results are interpreted accordingly. Implications and suggestions are incorporated in the report.

Key words: Intellectual disability, Functional abilities, Problems and Parental expectation.