Appendix C: Pre-test: (Skim & Scan)  

Text A

1) Craig Hainan is every nutritionist’s nightmare — a fifteen-year-old who never eats anything except bread and jam but, unbelievably, is perfectly healthy! Although his diet contains hardly any protein and is 60% sugar, he is 1.84m tall, weighs 69kg, and his parents say he has never been seriously ill apart from typical childhood illnesses.

2) Craig, or 'Jam boy', as his friends have nicknamed him, rejects any form of meat, fish, fresh fruit, or vegetables. The only time he doesn’t eat bread and jam is for breakfast, when he has chocolate cereal, and for tea, when he occasionally has a slice of chocolate cake. He also drinks two pints of semi-skimmed milk a day.

3) Craig’s strange diet started when he was four years old. As a baby he had refused to eat solid food, and rejected everything until his father gave him a sugar sandwich when he was nine months old. He also ate chocolate spread sandwiches, and this, with milk, was his diet until he was four when he asked to try jam, and started an eleven-year obsession.

4) Craig sometimes craves some variety, but every time he tries something else he feels ill. Doctors believe that his condition may have been caused by choking on solid food when he was a baby. ‘They tell me I’ll grow out of it’, says Craig, ‘but I don’t know if I’ll ever change’. Although Craig’s parents eat a normal diet, their family meals are made more difficult by the fact that Craig’s sister Amy, 13, is a vegetarian. And every time they go out for a meal together, they have to phone in advance- to check they can bring jam sandwiches for Craig!

1. The best topic for the text A is …
   a. Sweet boy  
   b. Jam  
   c. Nutritionist’s nightmare  
   d. Jam today, tomorrow, yesterday

Read the text and mark the sentences true (T) or false (F).

2. Craig does not like jam sandwiches.

3. Craig is perfectly healthy.
4. Craig’s sister is a vegetarian.

5. Craig’s nickname is sweet boy.

Pre-test: (Skim & Scan)

Text B

1) Heidemarie Schwermer, a 63-year-old German woman, has lived without money for the last ten years, and has written a book about her experiences called *My life without money*. At the age of 54 Heidemarie gave up her job as a psychotherapist, gave away all her money and her flat and threw away her credit cards. Today, apart from a few clothes (three sweaters, two skirts, two pairs of shoes, and a coat) and a few personal belongings, she doesn't own anything.

2) It all began as a one-year experiment. In her home city of Dortmund. She set up a 'swapping circle' where people swap services without using money, for example, a haircut for a mathematics class. To prove that this could work she decided to give up using money for a year. But when the year ended she continued and has not used money since then.

3) At first, she house-sat for friends who were on holiday. She stayed in their house in return for watering the plants and looking after their animals. At the moment she is staying in a student residence where she can sleep, have a shower, or use a computer in return for cooking for the young people who live there. She also 'works' as a psychotherapist. 'Before I treated very wealthy people but now I help anyone who turns up. Sometimes they give me something in return, but not always.'

4) Heidemarie says, 'I can live thanks to my contacts. A lot of people who know me understand what I'm doing and want to help me. When I need a bus ticket, for example, or a new tube of toothpaste I think, "Who can I ask? What can I give them in return?" If I want to go to the cinema, I might offer to look after somebody's children for the afternoon. ' 

5) It is one of the mistakes of our society that most people do something they don't like just to earn money and spend it on things they don't need. Many people judge you according to how much you earn. In my opinion, all jobs are equally important. You may not earn a lot of money but you may be worth a lot as a person. That's my message.'
So what did she do with all the money she earned from the sales of my *life without money*? I gave it all away…’

**True (T) or false (F)?**

6. Heidemarie, as a psychotherapist helps only rich people.

**Choose the best answer.**

7. Her experiment took …..
   a. Two years  
   b. One year  
   c. One year and half  
   d. Ten years

8. The best topic for the text B is …….
   a. Money  
   b. Life, money and job  
   c. My life without money  
   d. Effects of money on life

**True (T) or false (F)**

9. Heidemarie has saved the money which she earned from the sale of her book.

10. Heidemarie’s life shows that people cannot survive without money.