CHAPTER VI
LIMITATIONS & SUGGESTIONS FOR FURTHER RESEARCH

“There are no limitations to the mind except those we acknowledge”
-Napoleon Hill

6.1. LIMITATIONS OF THE STUDY:

There were a few limitations of the study. First, although the sample size was large and data represented the whole Assam but the data has been collected from 6 selected districts and not all the districts of Assam. This might have left some error as different districts have people from different religious and ethnic backgrounds which are likely to lead to variation in responses. Thus, a study comprising of samples from all the districts of Assam is recommended for further research to have a clearer picture of the research problem.

6.2. SUGGESTIONS FOR FURTHER RESEARCH:

Since limited research has been carried out on the attitudes and beliefs toward mental illness in India, and specifically in Assam, a clear picture of the public attitudes and beliefs is not available, which more or less hinders the well being of the persons affected with mental illness as interventions cannot be planned systematically based on such knowledge regarding the people of the state.

Following are some of the suggested areas for future research:-

- A study comprising participants from all the districts of the state.
- A study could be carried out regarding the practice of seeking healing from faith healers as opposed to approaching medical facilities available in the state.
- A diagnostic study is needed to ascertain the causative factors behind negative attitudes and beliefs.
• A study could be carried out using qualitative methods to analyze the experiences of individuals regarding mental illness and people suffering from them.