Preface

In ancient times the social changes were very gradual and so individual had enough time to mould themselves into the present scenario, but as the changes are taking place at speed of light students find it difficult to adapt themselves to the present times. Therefore, they should try to adapt themselves with the modern times from their childhood itself. Earlier, the students were able to adapt to social norms, habits, skills and their likings as the change was very gradual but now as modernization proceeds and with the advancing technology, the students are not able to make pace with it.

A few years back, the requirements of the people were limited and so it was easy to fulfill the needs of the family members but in recent times and as the modern age rings its bells the requirements have popped up so things have become messy and difficult to cope up with. Thus, parents were unable to teach regarding traditions, rituals, family patterns and lifestyle to their children. As a result students are not mature enough to imbibe proper education at the given age. Hence, they are not strong enough to face the consequences. Selection of their subjects, school activities, stream and career does not follow their mind set which reflects their emotional immaturity.

As the technology advances its way, they immediately cope up and absorb to the present, but the level and standard of their growing minds does not let emotional maturity to advance at the same speed. That’s why there are chances of being misguided very easily. Lack of proper guidance and the ability to understand leads them.

If they can overcome it, they can have better mental health to be with surrounding environment. Stability in emotional maturity leads to better mental health and thus show the way for adjustment of the life.
This research has been selected to measure the status of their emotional maturity, mental health and adjustments regarding educational environment. The present research was carried out in higher secondary schools and colleges amongst the students which bore the shown result.