ABSTRACT

The history of India has contributed to the spirituality and sexuality greatly. Indian culture always has tried to bring harmony and balance between sexuality and spirituality. Sexuality and spirituality are two essential and integral part of human beings, and personality might shape both sexual and spiritual attitudes in individuals. The present study is an attempt to investigate the relationship between sexual attitudes, spiritual attitudes and personality among medical and non-medical students. It was expected that there would be significant relationship between personality, sexual attitudes and spiritual attitudes and further the personality dimensions would influence the attitudes on spirituality and sexuality.

The total sample of 630 male and female students belonging to both medical and non-medical courses studying in Bangalore City were included in the study based on the willingness of participants in the study. The following tools were used for collecting the data, namely, (1) Sexual Attitude Scale (Abraham, 1997), (2) Spiritual attitude scale (Husain and others, 2011), (3) NEO-FFI (Costa & McCrae, 1992), and in addition demographic data sheet was used to collect the personal details of the participants.

The obtained data was analyzed using the following techniques, namely, Descriptive Methods, t test, ANOVA, Correlation Coefficients, Regression Analysis - Stepwise Multiple, and Canonical Correlation. Results found that the attitudes of sexuality and spirituality and personality were found to be related to each other and the personality dimensions contributed negatively with sexual attitudes and positively with spirituality and neurotic personality contributes positively with attitudes toward sexuality and negatively with spirituality.

Keywords: Sexual Attitude; Spiritual Attitude; Personality; Medical Students; Non-medical Students.