The formulation of objectives helps the researcher to focus the study narrowing it down to essentials. In other words, a well-structured objective helps to avoid the collection of data which are not strictly necessary for understanding and solving the problem identified by the researcher. Further, it organizes the study in clearly defined parts or phases. A properly formulated, specific objective facilitates the development of research methodology which finally helps to orient the collection, analysis and interpretation of data. Thus, care is taken so that the objective covers the different aspects of the problem and its contributing factors in a coherent way and in a logical sequence. Further, attention has been given so that the objectives are realistic considering local conditions.

**Basic Objectives of the study are as follows:**

To find out the socio demographic profile of the elders.

To find out the economic profile.

To find out the prevalence, nature, extent and impact of the religiosity and spiritualism of the elderly.

To find out the role and status of elders within the family

To explore the daily food habits of the respondents

To study the prevalence, nature and extent of mental stress and depression among the elderly.

- To study the level of feelings of loneliness among the elderly
- To study the level of feeling of social isolation among the elderly.
- To find out whether the elderly feel that they are a burden upon the family and society.
- To find out the prevalence of the sign and symptoms of depression among the elders.
• To find out the factors for causes of depressive symptoms or depression

• To find out the nature and extent of care available to the depressed elders.

• To find out whether the respondents are aware and seek professional and clinical treatment to cure Depression.

  • Proper Medication
  • Psycho Therapy
  • Cognitive Therapy
  • Electroconvulsive Therapy

• To find out the level of awareness and application of preventive measures available

  ➢ Yoga therapy
  ➢ Reiki therapy
  ➢ Counseling

• To find out the processes underlying depression at older age due to gender difference.

• To find out whether the elderly come across any negative life course events or experience in their own life.

• To find out whether the elderly experience events contradictory to their value systems.

• To find out whether the elderly mourn for the loss of a valued person in his or her life.

• To find out whether the mourning and bereavement affects the daily livelihood and the mental well-being of the elders.

• To measure the level of depression among the elderly

  **To find out the living arrangement**

• To find out the life pattern of the elderly population

  • To find out the types of entertainment available to the elderly.

  • To find out whether the family members share responsibility in providing entertainment to the elders.
• To explore the leisure activities or hobbies of the elderly.

• To find out the prevalence, nature, extent and impact of tourism

• To find out the elders awareness about prevalence, nature and extent of institutional care/old-age home.

• To find out whether old age-home is a common phenomenon among the Marwari Community.

• To find out whether the elderly are aware of the old age home

• To find out whether the elderly are interested for old age home accommodation

• To find out according to the elderly what are the main factors for opting old age home.

• To find out whether the family members of the elderly are concerned about the old age home/institutional care systems.