# CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>PREFACE</td>
<td></td>
<td>i</td>
</tr>
<tr>
<td>ACKNOWLEDGEMENTS</td>
<td></td>
<td>iii</td>
</tr>
</tbody>
</table>

## Chapter 1: INTRODUCTION 1-12

1.1. OCCUPATION AS RELATED TO VALUES 2
1.2. VALUE AS A MAJOR REFLECTOR IN OCCUPATION 3
1.3. WHAT IS OCCUPATION 4
1.3.1. Professional and nonprofessional occupation 5
1.3.2. What is occupational choice 7
1.4. THE NEED FOR THE STUDY OF OCCUPATIONAL GROUP 8
1.5. APPROACH TO THE STUDY OF OCCUPATION 10
1.6. THE PRESENT INVESTIGATION 11

## Chapter 2: VARIABLES SELECTED IN THE PRESENT STUDY 13-31

2.1. REASONS FOR SELECTED IN THE PRESENT STUDY 13
2.1.1. Concept of value 14
2.1.1.1. Classification of value 15
2.1.1.2. Characteristics of values 17
2.1.1.3. Ingredients of values 18
2.1.1.4. Nature of value system 18
2.1.2. Concept of adjustment 19
2.1.2.1. Adjustment and needs 20
2.1.2.2. Criteria of adjustment 20
2.1.3. Selfesteem 24
2.1.3.1. Developmental aspects of selfesteem 25