Content

CHAPTERS

1. Introduction 1

2. Research Problem And Objective of the Study 7
   2.1. Research Problem 7
   2.2. Objective of the Study 10

3. Survey of Literature 12
   3.1. Conceptual Studies 13
      3.1.1. Power/Agency and Opportunity Structure 13
      3.1.2. Social Exclusion and Empowerment 26
      3.1.3. From WID TO GAD 29
      3.1.4. Summary 33
   3.2. Measurement Debate 34
      3.2.1. Gender Empowerment Measures (GEM) 35
      3.2.2. Women Empowerment- Other Measures 40
      3.2.3. Summary 50
   3.3. Empirical Studies 51
      3.3.1. Estimation of Women Empowerment 51
      3.3.2. Practitioner’s Model of Women Empowerment 66
      3.3.3. Summary 68

4. Gender Analysis of Empowerment – A Theoretical Background 69
   4.1. Brief History of Empowerment 70
   4.2. Theoretical Background and its Analysis 73
   4.3. Summary 76
5. Data and Methodology 78

5.1 Data: Survey Methodology of Third National Family Health Survey (NFHS 3) 78

5.1.1. Sampling Methodology and Sample Size 78

5.1.2. Sample Design 80

5.1.2a. Selection of Sample - Rural Areas 80

5.1.2b. Selection of Sample - Urban Areas 81

5.1.3. Sample Weights 82

5.1.4. Data Collection in NFHS 3 83

5.2. Selection of Data and variables 84

5.2.1. Selection of Data 84

5.2.2. Selection of Variables 88

5.3. Methods of Estimation 91

6. Women Empowerment Index: Findings and Analysis 92

6.1. Findings of the Study 92

6.1.1. Socio Economic Characteristics of Women Respondents 92

6.1.2. Women Empowerment Index (EI) 94

6.1.2.1. Construction of EI 94

6.1.2.2. Findings 96

6.1.3. Ranking of States by EI 99

6.1.4. Relative Influence of EI Components on EI 102

6.1.5. Women in Different States by their Level of Empowerment 103

6.2. Analysis/Discussion 106
   7.1. Casual Factors 109
   7.2. Regression Analysis 110
      7.2.1. Casual Factors: India Level 111
      7.2.2. Casual Factors: Regional and State Level 113
         7.2.2.1. Northern Region 113
         7.2.2.2. Western Region 116
         7.2.2.3. Central Region 118
         7.2.2.4. Eastern Region 118
         7.2.2.5. North-East Region 121
         7.2.2.6. Southern Region 123
         7.2.2.7. Summary 125
   7.3. Analysis/Discussion 127
8. Mapping of Women Empowerment in India 133
   8.1. State-wise Women Empowerment (Mapping) in India 133
   8.2. Some Palpable Observations 136
      8.2.1. Women’s Education and Empowerment in India 136
         8.2.1.1. Empowerment Scenario of Highly Educated Women in India 137
      8.2.2. Women’s Employment and Empowerment Scenario in India 138
         8.2.2.1. Women Manual Labour and Empowerment 139
         8.2.2.2. Empowerment Scenario of Women in Medium Level Jobs 141
         8.2.2.3. Empowerment Scenario of Women in High Level Jobs 142
   8.3. Paradox 144
   8.4. Summary 148
List of the Tables

5.1.4.1: Results of the household and individual interviews Number of households, number of interviews with women and response rates according to residence, India, 2005-06. 84

5.2.1.1: Regional distribution of Indian States & number of women in these regions, 2005-06 87

6.1.1: Profile of Indian Women, 2005-06. 93

6.1.2.1: Description of the indicators with their respective scores. 95

6.1.2.2: EI of women by its component in India, 2005-06. 98

6.1.3: Rank of States by AMI, SI, RI, MI and EI, 2005-06. 100

6.1.3.2: Spearman Rank Correlation among EI and Its Components. 101

6.1.4: Degrees of Association between the Components of EI and EI, 2005-06. 102

6.1.5: Distribution of women by level of Empowerment and State in India, 2005-06. 104

7.1: Explanatory Variables/Casual Factors Used in the Study. 110

7.2.1. Factors influencing Women Empowerment in India, 2005-06. 112

7.2.2.1: Variation of Factors Influencing Women Empowerment in Northern Region of India, 2005-06. 115

7.2.2.2: Variation of Factors Influencing Women Empowerment in Western Region of India, 2005-06. 117

7.2.2.3: Variation of Factors Influencing Women Empowerment in Central Region of India, 2005-06. 117

7.2.2.4: Variation of Factors Influencing Women Empowerment in Eastern India, 2005-06. 119
7.2.2.5: Variation of Factors Influencing Women Empowerment in North-East India, 2005-06.  122

7.2.2.6: Variation of Factors Influencing Women Empowerment in Southern Region, 2005-06.  124

7.2.2.7: Summary Influence of the Casual Factors on Women Empowerment in Six Regions, 2005-06.  125

8.1: Average EI of women in India, 2005-06.  135

8.2.1.1. State-wise Distribution of Highly Educated Women Enjoying High Empowerment in India, 2005-06.  138

8.2.2.1. State-wise Distribution of Female manual labour Enjoying high Empowerment in India, 2005-06.  140

8.2.2.2. State-wise Distribution of Women in Medium level jobs who Enjoy High Empowerment in India, 2005-06.  142

8.2.2.3. State-wise Distribution of Women in Higher Jobs Enjoying High Empowerment in India, 2005-06.  144

8.3.1. State wise Distribution of Women Enjoying High Empowerment with Medium (Secondary) Level Education in India, 2005-06.  146

8.3.2. State-wise Distribution of Unemployed Women Enjoying High Empowerment in India, 2005-06.  148

**List of Figures**

5.2.1.1. Percentage of Non response by state, 2005-06.  85

5.2.1.2. Number of women surveyed in different Sates of India, 2005-06.  86

6.1. State-wise EI of Indian Women, 2005-06.  97
List of Maps

8.1. States with Average Empowerment Index. 134

8.2.1.1. State-wise Distribution of Highly Educated Women Enjoying High Empowerment in India, 2005-06. 137

8.2.2.1. State-wise Distribution of Female Manual Labour Enjoying High Empowerment in India, 2005-06. 140

8.2.2.2. State-wise Distribution of Women in Medium Level jobs Enjoying High Empowerment in India, 2005-06. 141

8.2.2.3. State-wise Distribution of Women in Higher Job Enjoying High Empowerment in India, 2005-06. 143

8.3.1. State-wise Distribution of Women Enjoying High Empowerment with Medium Level Education in India, 2005-06. 145

8.3.2. State-wise Distribution of Unemployed Women having High Empowerment in India, 2005-06. 147