FORMAT OF HISTORY SHEET

INSTITUTE OF POST GRADUATE AYURVEDIC
EDUCATION AND RESEARCH AT S.V.S.P. HOSPITAL
294/3/1, A.P.C. ROAD, KOLKATA-700009
DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL

HISTORY SHEET FOR RESEARCH ON SPERMATORRHEA

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Name : Regd. No. :
Age : Serial No. :
Sex : Date of First visit :
Religion : O.P.D. No. :
Occupation : I.P.D. No. :
Education :
Address :
Income status :
Marital status :
Nutritional status :

Date of admission :
Date of Discharge :
Diagnosis :

Result :

1. Chief Complaints
   1) Physical :
   2) Psychological :

2. History of Present illness :
   i) Onset :
   ii) Duration :
   iii) Precipitating factors if any :
iv) How he was able to identify it as a disease:
v) Frequency: Initially and at present:
vi) Cause of Semen loss as thought by the patient:
vii) Behaviours adopted to check the seminal loss:

3. History of Past illness:
i) Medical:
ii) Surgical:
iii) Psychiatric:

4. Family history:

5. Personal History:
i) Appetite:
ii) Diet:
iii) Sleep:
iv) Habitat:
v) Exercise:
vi) Addiction:
vii) Bowel/Bladder movement:
viii) Desire for spirituality:
ix) Sexual urge:
x) Psychological condition:
xii) Excess masturbation in early age:
xiii) Pre-marriage sexual attachment:
xiv) Marital history:
xv) Coitus history:

6. Psychological history:
i) Concentration:
ii) Anxiety:
iii) Emotional shock:
iv) Depression:
v) Marital disharmony:
vi) Grief:
vii) Fear to sexual intercourse:
viii) Excessive sexual indulgence:

7. Sexual History Schedule:
i) At what age you first know about sex?
ii) Have you ever experienced Nocturnal emission?
iii) Have you ever practiced Homosexuality?
iv) First Hetero-sexual experience:
v) Any guilt feeling associated:
vi) Pre-marital intercourse:
vii) Extra marital intercourse:
viii) Abnormal type of sex:
ix) Any type of sex with children:
x) Did you ever have any incestual relation?
xii) Have you ever visited Prostitute?
xii) Sexual variation/perversion, if any:
xiii) Any history of sexual trauma:
xiv) Whether any erectile problem?
xv) Any problem with external genitalia:
xvi) History of premature ejaculation:

8. Sexual Arousal Pattern:
i) Have you any sexual desire?
ii) How do you feel the urge?
iii) Name the objects, persons, situations which cause your sexual excitement:
iv) To which one (used by ladies) you will feel sexually aroused?
a) Handkerchief, b) Sharee, c) Saloor and Kameez, d) Slipper, e) Bra,
f) Other undergarment (Panty etc.), g) Condom, h) Nude adult female picture, i) Nude female child picture, j) Tape or head clips, k) others (pen, watch, umbrella etc.)
v) Extent of sexual excitement with particular female body part: a) Face, b) Breasts, c) External genitalia, d) Thigh, e) Buttock, f) Abdomen, g) Hair, h) Legs, i) Shoulder, j) Axilla, k) Nude adult female, l) Nude female child, m) others.

9. Examination of the patient/physical examination:

A. General survey:
   i) Decubitus:
   ii) Built:
   iii) Nutrition:
   iv) Facies:
   v) Palor:
   vi) Anaemia:
   vii) Jaundice:
   viii) Cyanosis:
   ix) Oedema:
   x) Clubbing:
   xi) Neck:
   xii) Neck vein:
   xiii) Neck artery:
   xiv) Thyroid gland:
   xv) Eye:
   xvi) Mouth:
   xvii) Cheek:
   xviii) Tongue:
   xix) Hair:
   xx) Pigmentation:
   xxi) Nail bed:
   xii) Skin:
   xxiii) Pulse:
   xxiv) Respiration:
   xxv) Temperature:
   xxvi) Blood Pressure:
   xxvii) Weight:
   xxviii) Height:
   xxix) Gait:

B) Ten-fold examination:
   i) Prakriti (constitution):
   ii) Vikriti:
   iii) Sara (Tissue vitality):
   iv) Samhanan (body built):
   v) Pramana (Measurement):
   vi) Ahara (Diet):
   vii) Sattva (Psychic constitution):
   viii) Satma (Adaptability):
   ix) Vaya (Age):
   x) Vyama (Body strength):
C) Eight fold examination :
   i) Nadi (Pulse) :
   ii) Mala (Defaecation) :
   iii) Mutra (Micturation) :
   iv) Jihva (Tongue) :
   v) Sabda (Auditory) :
   vi) Sparsha (Tectile sensation) :
   vii) Drik (Vision) :
   viii) Akriti (Structure) :

D) Examination of Six parts of the body :
   i) Siro-Griva (Head-neck) :
   ii) Vaksha (Chest) :
   iii) Udara (Abdomen) :
   iv) Hastadwaya (Hands) :
   v) Padadwaya (Legs) :

E) Examination of the Primary sex organs :
   i) Serotum :
   ii) Testis :
   iii) Penis :
   iv) Genital canal :

F) Examination of Secondary Sex Characters :
   i) Beard :
   ii) Auxillary hair :
   iii) Public hair :
   iv) Mustache :

10. ROGA PARIKSHA :
   i) Nidan (Aetiology) :
   ii) Purbarupa (Prodromal features) :
   iii) Rupa (Clinical features) :
   iv) Upasaya
   v) Samprapti (Pathogenesis)
11. LABORATORY INVESTIGATIONS:
   
i) Semen analysis:

   ii) Estimation of Serum Testosterone

12. DIAGNOSIS:

13. PROGNOSIS:

14. COMPLICATION:

15. MANAGEMENT:

16. ASSESSMENT OF RESULT:

Signature of Supervisor:

Associate Supervisor

Signature of Research Scholar

Date: