Informed Consent form for Research

Title of the Study: Impact of Psychological Well-being and Resilience on Job Attitudes of Doctors working in Government and Private Hospitals

Principal Investigator: Jomon Joy

What are some general things you should know about this research?

Your participation in this study is voluntary. You have the right to be a part of this study, but also the right to stop participating at any time. Participating in this research requires that you complete a few questionnaires that may take a maximum of 45 minutes. In this consent form you will find a specific details about the research in which you are being asked to participate. If you do not understand something in this form it is your right to ask the researcher for clarification or more information. A copy of this consent form will be given to you.

What is the purpose of this study?

The purpose of the study is to find out the impact of Psychological Well-being and Resilience on Job attitudes of Doctors working in Government and Private hospitals and to know the influence of socio-demographic factors such as gender, age, educational qualification, type of institution, experience, marital status, order of birth, place of residence, income and specializations on Job attitudes of Doctors working in Government and Private hospitals.

What will happen if you take part in the study?

If you agree to participate in this study, you will be asked to fill out the three questionnaires and demographic information. It will take 40-45 minutes to complete it.

Risks: There are no known risks in participating in this study.

Benefits: This investigation may positively enhance the knowledge about the medical practitioners.
Confidentiality: The information in the study records will be kept confidential. No reference will be made in written reports which could link you to the study.

What if you have questions about this study?

If you have questions at any time about the study or the procedures, you may contact the researcher, Jomon Joy at jomonurumbil@gmail.com or Mobile: +919961750735.

What if you have questions about your rights as a research participant?

If you feel you have not been according to the descriptions in this form, or your rights as a participant have been violated during the course of this research, you may contact Dr. Shanmukh V. Kamble, Associate professor, Karnatak University, Dharwad. Mobile: +919886714513.

Consent to participant: “I have read and understand the above information. I have received a copy of this form. I agree to participate in this study with the understanding that I may withdraw at any time”

Subjects signature: ___________________________ Date: __________________________

Investigator’s Signature: ______________________ Date: ________________________

To,

The respondents

Thank you, for sparing your precious time to fill these questionnaires. It’s being distributed to you purely for academic purpose and all response will be confidential. Your unbiased choices will be highly appreciated to make this research valuable.
PERSONAL DATA SHEET

Kindly make a tick (✓) in the appropriate places

1. Name (optional) : 
2. Gender : Male/Female
3. Age(Yrs) : Up to 30 /30-40/40-50/Above 50
4. Educational qualifications : MBBS/ MD/ MS/ DM/Other……
5. Type of the institution you work : Government/Private
6. Experience (in yrs) : 1- 5/5-10/10-15/15-20/Above 20
7. Marital status : Single/Married
8. Order of Birth : 1st born/2nd born/Later born/Single
9. Place of residence : Urban/Rural/Semi-urban
10. Income ( annual ) : Up to 2 /2-4/ 4-6/ Above 6( Lakh)
11. Specialization : 

Job Attitude Scale
(Jayan, 2004)

This is a questionnaire about your job, how you experience and look at it. Read each statement carefully and indicate your response by circling the appropriate responses given according to your level of agreement or disagreement. Your responses for each statement are: SA=Strongly Agree/ A=Agree/ UD=Undecided/ D=Disagree/ SD=Strongly Disagree. Kindly respond to ALL the statements.

1. I continue in my job only because of the pressure of circumstances. SA A UD D SD
2. Our superiors are competent enough to solve all our problems. SA A UD D SD
3. I am not given proper recognition in this institution SA A UD D SD
4. I don’t want to shirk the responsibilities of my job SA A UD D SD
5. I am fully satisfied with the performance of this institution. SA A UD D SD
6. The superiors are well concerned with the needs and welfare of the employees. SA A UD D SD
7. This job is in keeping with my aptitudes and aspirations. SA A UD D SD
8. I am prepared to make any sacrifice for the success and progress of this institution. SA A UD D SD
9. I won’t do anything that is detrimental to the good tradition and reputation of this institution. SA A UD D SD
10. I fully trust and respect the management and officials of this institution. SA A UD D SD
11. I feel bored when I have no work to do. SA A UD D SD
12. There are occasions when I lose sleep when I think of my work. SA A UD D SD
13. I become anxious when I am not able to finish a work that I have undertaken. SA A UD D SD
14. I try to finish my work by taking extra-time but no extra salary.
15. I feel frustrated when I am not able to accomplish the work I have accepted.
16. Work is everything for me.
17. My work is the most important aspect of my life.
18. My life has richer dimensions than my job.
19. Sometimes I feel guilty when I fail in my work.
20. My job is the best I have found; I have never been bored though I have done it for several years.
21. I am sure I won’t be dismissed as my service is indispensable to the institution.
22. My salary is not commensurate with my work.
23. My job is not consistent with my social status.
24. My job will help me to fulfil my ambition to reach the highest position.
25. I think that the promotion system in our institution is not quite scientific.
26. We get as many holidays here as in any other institution.
27. I have no intimate friends in this institution.
28. This job doesn’t carry adequate pension benefits.
29. My job doesn’t offer sufficient opportunities to express my talents.
30. I get full co-operation from the management.
Scale of Psychological Well-Being  
(Carl Ryff, 1995) 

Some statements regarding your feelings were given below. Indicate how you agree with each statement by using a six-point format: strongly disagree (1), moderately disagree (2), slightly disagree (3), slightly agree (4), moderately agree (5), strongly agree (6).

1. Sometimes I change the way I act or think to be more like those around me  
   ______

2. I am not afraid to voice my opinions, even when they are in opposition to the opinions of most people ______

3. My decisions are not usually influenced by what everyone else is doing ______

4. I tend to worry about what other people think of me______

5. Being happy with myself is more important to me than having others approve of me______

6. I tend to be influenced by people with strong opinions______

7. People rarely talk me into doing things I don't want to do______

8. It is more important to me to "fit in" with others than to stand alone on my principles______

9. I have confidence in my opinions, even if they are contrary to the general consensus______

10. It's difficult for me to voice my own opinions on controversial matters______

11. I often change my mind about decisions if my friends or family disagree______

______________________________________
12 I am not the kind of person who gives in to social pressures to think or act in certain ways.

13 I am concerned about how other people evaluate the choices I have made in my life.

14 I judge myself by what I think is important, not by the values of what others think is important.

15 In general, I feel I am in charge of the situation in which I live.

16 The demands of everyday life often get me down.

17 I do not fit very well with the people and the community around me.

18 I am quite good at managing the many responsibilities of my daily life.

19 I often feel overwhelmed by my responsibilities.

20 If I were unhappy with my living situation, I would take effective steps to change it.

21 I generally do a good job of taking care of my personal finances and affairs.

22 I find it stressful that I can't keep up with all of the things I have to do each day.

23 I am good at juggling my time so that I can fit everything in that needs to get done.

24 My daily life is busy, but I derive a sense of satisfaction from keeping up with everything.

25 I get frustrated when trying to plan my daily activities because I never accomplish the things I set out to do.

26 My efforts to find the kinds of activities and relationships that I need have been quite successful.

27 I have difficulty arranging my life in a way that is satisfying to me.
28 I have been able to build a home and a lifestyle for myself that is much to my liking.

29 I am not interested in activities that will expand my horizons.

30 In general, I feel that I continue to learn more about myself as time goes by.

31 I am the kind of person who likes to give new things a try.

32 I don't want to try new ways of doing things--my life is fine the way it is.

33 I think it is important to have new experiences that challenge how you think about yourself and the world.

34 When I think about it, I haven't really improved much as a person over the years.

35 In my view, people of every age are able to continue growing and developing.

36 With time, I have gained a lot of insight about life that has made me a stronger, more capable person.

37 I have the sense that I have developed a lot as a person over time.

38 I do not enjoy being in new situations that require me to change my old familiar ways of doing things.

39 For me, life has been a continuous process of learning, changing, and growth.

40 I enjoy seeing how my views have changed and matured over the years.

41 I gave up trying to make big improvements or changes in my life a long time ago.

42 There is truth to the saying you can't teach an old dog new tricks.

43 Most people see me as loving and affectionate.

44 Maintaining close relationships has been difficult and frustrating for me.
I often feel lonely because I have few close friends with whom to share my concerns.

I enjoy personal and mutual conversations with family members or friends.

It is important to me to be a good listener when close friends talk to me about their problems.

I don't have many people who want to listen when I need to talk.

I feel like I get a lot out of my friendships.

It seems to me that most other people have more friends than I do.

People would describe me as a giving person, willing to share my time with others.

I have not experienced many warm and trusting relationships with others.

I often feel like I'm on the outside looking in when it comes to friendships.

I know that I can trust my friends, and they know they can trust me.

I find it difficult to really open up when I talk with others.

My friends and I sympathize with each other's problems.

I feel good when I think of what I've done in the past and what I hope to do in the future.

I live life one day at a time and don't really think about the future.

I tend to focus on the present, because the future nearly always brings me problems.

I have a sense of direction and purpose in life.

My daily activities often seem trivial and unimportant to me.

I don't have a good sense of what it is I'm trying to accomplish in life.

Used to set goals for myself, but that now seems like a waste of time.

I enjoy making plans for the future and working to make them a reality.
I am an active person in carrying out the plans I set for myself.

Some people wander aimlessly through life, but I am not one of them.

I sometimes feel as if I've done all there is to do in life.

My aims in life have been more a source of satisfaction than frustration to me.

I find it satisfying to think about what I have accomplished in life.

In the final analysis, I'm not so sure that my life adds up to much.

When I look at the story of my life, I am pleased with how things have turned out.

In general, I feel confident and positive about myself.

I feel like many of the people I know have gotten more out of life than I have.

Given the opportunity, there are many things about myself that I would change.

I like most aspects of my personality.

I made some mistakes in the past, but I feel that all in all everything has worked out for the best.

In many ways, I feel disappointed about my achievements in life.

For the most part, I am proud of who I am and the life I lead.

I envy many people for the lives they lead.

My attitude about myself is probably not as positive as most people feel about themselves.

Many days I wake up feeling discouraged about how I have lived my life.

The past had its ups and downs, but in general, I wouldn't want to change it.

When I compare myself to friends and acquaintances, it makes me feel good about who I am.

Everyone has their weaknesses, but I seem to have more than my share.
The Resilience Scale
(Wagnild & Young, 1993)

Please read the following statements. To the right of each you will find seven numbers, ranging from "1" (Strongly Disagree) on the left to "7" (Strongly Agree) on the right. Circle the number which best indicates your feelings about that statement. For example, if you strongly disagree with a statement, circle "1". If you are neutral, circle "4", and if you strongly agree, circle "7", etc.

1. I usually manage one way or another. 1 2 3 4 5 6 7
2. I feel proud that I have accomplished things in life 1 2 3 4 5 6 7
3. I usually take things in stride. 1 2 3 4 5 6 7
4. I am friends with myself. 1 2 3 4 5 6 7
5. I feel that I can handle many things at atime. 1 2 3 4 5 6 7
6. I am determined. 1 2 3 4 5 6 7
7. I can get through difficult times because I’ve experienced difficulty before. 1 2 3 4 5 6 7
8. I have self-discipline. 1 2 3 4 5 6 7
9. I keep interested in things. 1 2 3 4 5 6 7
10. I can usually find something to laugh about. 1 2 3 4 5 6 7
11. My belief in myself gets me through hard times. 1 2 3 4 5 6 7
12. In an emergency, I’m someone people can generally rely on. 1 2 3 4 5 6 7
13. My life has meaning. 1 2 3 4 5 6 7
14. When I’m in a difficult situation, I can usually find my way out of it. 1 2 3 4 5 6 7