Discussion
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As the Sandhigata Vata comes under aptarpanjanya vyadhi which requires brumhan therapy by means of medicines including Abhyanga and Balamoola Shastishali Pindasweda.

After going through the literary aspect of disease Sandhigat vata in the clinical trial it can be concluded that the Hetusevan like vataprakopak Ahar, vihar, overexertion, vegodharan, vishamcheshta, sthoulya, menopause in female etc. are the commonest causes of the clinical condition in sandhigata vata.

No side effect or toxic effects of drug were noticed in subjects after the administration of trial treatment.

It is seen from the present study that maximum patients got relief after 49th days after treatment & on 75th day after completion of wash out period, which indicates that the result or benefits of treatment were observed even after the treatment was stopped. It means that both group drugs have proved very effective.

Both treatments have equally effective pain reducing effect.