Aims and Objectives
AIMS AND OBJECTIVES

i) Primary Objective: to study the efficacy of the balamoola shashti-shali pinda sweda along with mahayograj guggul in Dhatukshayajanya janu sandhigat vata (Osteoarthritis of Knee)

ii) Secondary Objective: Comparative study of the clinical improvement and regeneration of the cartilage with the help of balamoola shashti shali ponda sweda in Dhatukshayajanya janu sandhigat vata (Osteoarthritis of Knee) with special reference to x-ray of knee joint.

iii) To develop dosage regimen for further clinical trials.

iv) To measure long term impact of the use of long therapy and dietary regimen.

- Prevalence and Incidences:-

  The incidences of osteoarthritis rises precipitously with age as a result the prevalence and burden of this disorder is increasing rapidly.