I. PROFILE OF ELDERLY:

Name: ______________________________________________________

1) **Sex:**
   - a) Male
   - b) Female

2) **Age:**
   - a) 60-65
   - b) 65-70
   - c) 70-75
   - d) Above 75

3) **Education:**
   - a) Primary
   - b) Secondary
   - c) Higher
   - d) Illiterates

4) **Marital Status:**
   - a) Married
   - b) Unmarried
   - c) Widow/Widower

5) **Number of Children:**
   - a) 1-2
   - b) 2-4
   - c) 4-6
   - d) Above-6
   - e) NA

6) **Size of family:**
   - a) Small (1-5)
   - b) Medium (6-8)
   - c) Large (Above 9)

7) **Type of house hold:**
   - a) Nuclear family
   - b) Joint family

8) **Occupation of respondent:**
   - a) Agriculture
   - b) Business
   - c) Coolie
   - d) Other works
9) Number of brothers/ sisters:
   a) 1-2  
   b) 2-4  
   c) Above 4
10) Place prefer to live:
    a) Own house  
    b) Rented house  
    c) Relations house  
    d) Old age homes
11) Monthly income:
    a) 1000-5000  
    b) 5000-10000  
    c) 10000-15000  
    d) Above 15000  
    e) NA

II) SOCIAL RELATIONSHIP:
12) Relations with family members:
    a) Cordial  
    b) Normal  
    c) Uncordial  
    d) Strained
13) Mingling with other members:
    a) Yes  
    b) No
14) Decision taking in family:
    a) Respondents alone  
    b) Son  
    c) Family members
15) Status in family:
    a) Good  
    b) Better  
    c) Bad
16) Causes of the break down status in the family:
    a) Illiteracy  
    b) Husband / wife death  
    c) Not having own property  
    d) Not condition in working
17) Children careless in family:
    a) Yes  
    b) No
18) Daughter-in-law careless in family:
    a) Yes  
    b) No
19) Daughter-in-law is consanguineous:
    a) Yes  
    b) No
20) Family members are taking your suggestions:
    a) Yes  
    b) No
21) Happy and satisfied in younger:
   a) Yes  
   b) No  
   c) Do not know 

22) Life is more eventful:
   a) Yes  
   b) No  
   c) Do not know 

23) Interest to stay with son / daughter:
   a) Yes  
   b) No  

24) Respect in family members:
   a) Yes  
   b) No  

25) Best helping person:
   a) Sons  
   b) Daughters  
   c) Spouse  
   d) Self  
   e) God  

26) Participation in social activities:
   a) Yes  
   b) No  

27) Frequency of contact between respondents and his family members
   a) Regular  
   b) Often  
   c) Occasional  
   d) No contact  

28) Person liking to converse with most
   a) Wife / Husband  
   b) Children  
   c) Grand children  
   d) Relatives  
   e) Neighbors  
   f) Friends  

29) Participate in family functions
   a) Always  
   b) Most of the time  
   c) Sometimes  
   d) Never  

30) Family member honoring respondents words and obey commands
   a) Always  
   b) Most of the time  
   c) Sometimes  
   d) never  

31) Feeling irritated with the reactions and responses of family members
   a) Always  
   b) Most of the time irritated  
   c) Only sometimes  
   d) Never feel irritated
32) Having close friends / colleagues
   a) Yes  b) No

33) Converse most about when you meet your old friends / colleagues
   a) Family matters  b) Social affairs
   c) Economic problems  d) Public issues
   e) Social security measures

34) Persons with whom taking meals in the house
   a) Alone first  b) Alone last
   c) With children  d) With grand children

35) Children are the main support for the parents in old age.
   a) Yes  b) No

36) Persons feel that one is more dependent on one’s husband / wife / sons / daughter etc., in one’s old age
   a) Agree  b) Disagree
   c) Indecisive  d) No opinion

37) The main problems of ageing
   a) Physical problems  b) Family tensions
   c) Feeling loneliness  d) Economic problems
   e) Feeling socially alienated

38) Helping another relative or friends
   a) Everyday  b) Some time
   c) Never

39) Present status
   a) Very good  b) Good
   c) Bad  d) Very bad

40) Unpleasant aspects of your personal life
   a) Disrespect from family members
   b) Separation from children  c) Loneliness
   d) Socially alienated  f) Dependency

41) Engage yourself in any other activity such as social service
   a) Yes  b) No

42) Whom depend upon
   a) Own  b) Son
   c) Wife / Husband  d) Old age homes
43) In your family is their good food facility.
   a) Yes   b) No
44) Have any bad habit
   a) Alcoholism   b) Cigarette
c) Tobacco   d) Drugs
e) NA
45) Are you feel become old age.
   a) Yes   b) No
46) Feel elderly person were better taken care of before
   a) Yes   b) No
47) Your appetite
   a) Very good   b) Good
c) Fair   d) Bad
48) Elderly persons felt as the main problems in old age
   a) Health   b) Economic
c) Social adjustment   d) Living Arrangement
49) Prepare your cooking food
   a) Grand children   b) Wife / Husband
c) Children   d) Relatives
50) Feeling depressed
   a) Yes   b) No
51) Membership in any organization
   a) Yes   b) No
52) Living arrangement:
   a) Alone   b) Son
c) Daughter   d) Old age homes

III HEALTH:

53) Health problem:
   a) See properly   b) Hear properly
c) Walk properly   d) NA
54) Suffering from disease:
   a) Asthma
   b) Sugar
   c) Deepness
   d) Knee problem
   e) Eyesight problem
   f) Parlays
   g) NA

55) Health status:
   a) Good
   b) Bad
   c) Normal

56) Consultation for disease:
   a) Self treatment
   b) Hospital

57) Physical health status:
   a) Energy and fatigue
   b) Pain and discomfort
   c) Sleep and rest
   d) Work capacity

58) Present health condition:
   a) On the whole good
   b) Occasional minor Illness
   c) Occasional general disability
   d) Chronic disease
   e) Sudden serious illness

59) Type of treatment preferred:
   a) Allopathic
   b) Homeopathic
   c) Ayurvedic
   d) Any other

60) Support required:
   a) Getting out of bed
   b) Bathing
   c) Taking food
   d) Walking for some distance
   e) Dressing
   f) Going to the toilet
   g) NA

61) Consulting a doctor for sickness:
   a) Yes
   b) No

62) Number of hours sleep every day:
   a) 4-6 Hrs
   b) 6-8 Hrs
   c) 8-10 Hrs
   d) Above 10 hrs

63) Perennial health problem:
   a) Yes
   b) No
64) Persons staying in your family:
   a) Husband / wife   b) Sons / Daughter
c) Grandsons / daughter   d) Brother / Sister

65) Non-vegetarian food habit:
   a) Yes   b) No

66) Ability to own work:
   a) Able   b) Little bit dependent
c) Fully dependent

67) Able to do other activities:
   a) Yes   b) No

68) Belief in god:
   a) Yes   b) No

69) Time spending options:
   a) Daughter and grandsons   b) Agriculture
c) Entertainment   d) Alone
e) Watching T.V.

70) Interest in visiting religious places:
   a) Yes   b) No

71) The youngsters of the present generation reduced to pay respect for the elderly
   a) Yes   b) No

72) Person becomes more and more religious in old age
   a) Yes   b) No

73) Feeling of depressed:
   a) Yes   b) No

74) Happy and satisfied as you younger:
   a) No   b) Do not know
c) Yes

75) The mental disorders:
   a) Forgetting   b) Sleeplessness
c) Loneliness

76) Psychological health performance:
   a) Bodily image and appearance   b) Negative feelings
c) Positive feelings   d) self esteem
77) Thinking, learning, memory and concentration
   Thinking about future life:
   a) Yes  b) No

IV ENVIRONMENT:

78) Complete retirement from profession
   a) Yes  b) No

79) Environment
   a) Very good  b) Good
   c) Fair  d) Bad

80) Feeling alienated due to the least interaction with the family members and others in the community
   a) Always  b) Most of the time
   c) Sometimes  d) never

81) Able to be alone at home
   a) All the time  b) From 1 to 7 days
   c) Cannot be alone at all

82) Main desires and wishes
   a) Normal health  b) Peaceful and contented life
   c) No dependency  d) Own work by self
   e) Economically well off  f) Natural death

83) Benefited from any government facilities like elderly pension
   a) Yes  b) No

84) Pension amount
   a) 400  b) 800
   c) 1000  d) NA

85) Satisfaction with pension
   a) Yes  b) No

86) Amount of pension adequate enough to meet your basic needs
   a) Yes  b) No

87) Support your wife / husband dependent children and other dependents
   If any, on your present monthly income
   a) Yes  b) No
88) Financial liabilities at present or likely to have in the near future
   a) Yes          b) No

89) If you taking pension decision regarding spending money.
   a) Respondents alone       b) Respondents with other
   c) Only other

90) Help / benefit by the government scheme
   a) Yes          b) No

91) Bus pass facilities
   a) Yes          b) No

92) If not than how do you manage to meet their expenses
   a) Doing any remunerative job
   b) From hard earned savings
   c) From other sources

93) Persons look for financial support in times of need
   a) Children       b) Grand children
   c) Relatives      d) Friends
   e) Neighbors     f) Government agency
   g) Non-government agency

94) Economic expectations from the government
   a) Higher pension       b) Financial exemptions
   c) Concession in rail and bus fares
   d) Priority in medical facilities
   c) Ration of food
   d) Priority in the allotment of house to the senior citizens

95) Impact of any of sudden loss of income, power and professional status after superannuation
   a) Started ageing fast       b) Losing normal stamina and just for life
   c) Always worrying         d) Always in search of an alternative

96) Any landed property at your native place
   a) Yes          b) No

97) Now planning to settle down at your native place
   a) Yes          b) No
98) Aware of the existence of old age homes
   a) Yes       b) No

99) Opinion about family members will appreciate your living in an old age homes
   a) Yes       b) No

100) Are you independence
     a) Yes       b) No

101) Your good facilities and local services
     a) Post office  b) Markets
d) Health services  e) Police
     f) Street lighting