Abstract

Without broader school context students’ well being cannot be viewed. Schools provide both; the defining context as well the potential to significantly influence well being. The present study entitled “The Impact of School Environment on Students’ Psychological Well Being” was undertaken with the following objectives: to study the psychological environment of selected schools of Muzaffarnagar (U.P.), to assess the level of psychological well-being of students studying in selected schools, to analyze relationship between school environment and psychological well-being of students and to identify the school related environmental factors that can promote or hinder psychological wellbeing of students. A total of 1056 students were taken from three schools of Muzaffarnagar (U.P). For the selection of the schools survey was conducted on 1000 parents, which were selected randomly. To assess the environment of school, ‘School Environment Inventory’ and for assessing psychological well being of students, ‘Psychological Well Being Scale’ was used for the study. Results indicated that the majority of students felt that their respective schools were in the moderate category and there was no significant difference perceived by the boys and girls in their school environment. Findings showed that most of the students were fall under the moderate category of psychological well-being in all selected schools. The result also revealed that there was significance difference found in school environment of the selected schools. The result also revealed that there was significant difference found among the students from the different school environment. The results showed negative but weak correlation between areas of school environment and all the components of psychological well-being. The result of correlation was not helping to identifying promoting factors for psychological well-being. On the other hand on the basis of findings it may be concluded that high level of creative stimulation, cognitive encouragement and acceptance in the environment hinders
the psychological well-being of the students from selected schools. The result also showed that the perception of students about school environment in all areas were shown in moderate level this meant that allots of space is present for the improvement in the school environment through which school can make the student a better individual in their life. Most of the students were fall under the moderate category of psychological well-being in all selected schools it indicates that effort should be made to enhance their psychological well-being also.