ABSTRACT
An attempt was made to study the mental health of adolescents in relation to moral judgement, intelligence and personality. The sample of this study comprised 820 adolescents drawn from senior secondary government managed Punjabi medium schools of Punjab by selecting 10 schools each from three selected districts. Tools used for data collection were Mental Health Battery (MHB) by Singh and Gupta (1978), General Mental Ability Test by Jalota (1982), Moral Judgement Test (in Punjabi) was constructed and standardized by the investigator herself and Eysenck’s Personality Questionnaire by H.J. Eysenck’s (1975). Correlation analysis, Fisher’s ‘Z’ Score, Three Way ANOVA and t –ratio were applied. The results indicated that there is positive and significant relationship of moral judgement, intelligence and extroversion dimension of personality with mental health of adolescents for total sample but mental health has no significant relationship with psychoticism and neuroticism dimensions of personality. There is a positive and significant relationship of mental health of adolescents with moral judgement, intelligence and extroversion dimension of personality for the groups of adolescents having high mental health but mental health has no significant relationship with psychoticism and neuroticism dimensions of personality for the groups of adolescents having high mental health. There is no significant relationship of mental health with moral judgement, intelligence and different dimensions of personality for the groups of adolescents having low mental health. The relationship of mental health with moral judgement, intelligence and extroversion dimension of personality is stronger for the groups of adolescents having high mental health but there is no variation in the relationship of mental health with psychoticism and neuroticism dimensions of personality for the groups of adolescents having high and low mental health. There is a positive and significant relationship of mental health with moral judgement, intelligence and extroversion dimension of
personality in case of mental health of adolescent boys but mental health has no significant relationship with psychoticism and neuroticism dimensions of personality in case of mental health of adolescent boys. There is significant relationship of mental health with moral judgement, intelligence and extroversion dimension of personality in case of mental health of girls adolescent but mental health has no significant relationship with psychoticism and neuroticism dimensions of personality in case of mental health of adolescent girls. There is no variation in the relationship of mental health with moral judgement, intelligence and different dimensions of personality across the gender groups of adolescents. The adolescents having high moral judgement have significantly higher mental health scores as compared to their low group of moral judgement counterparts in case of personality dimensions that is psychoticism, neuroticism and extroversion.

The adolescents with high intelligence have significantly higher mental health scores as compared to their low group of intelligence counterparts in case of personality dimensions that is psychoticism, neuroticism and extroversion. The adolescents with psychotic tendencies do not have significantly higher mental health scores as compared to their normal tendencies counterparts. The emotionally unstable adolescents do not have significantly higher mental health scores as compared to their emotional stable tendencies counterparts. The extrovert adolescents do not have significantly higher mental health scores as compared to their introvert tendencies counterparts. The significant main effect of moral judgement and intelligence are independent of each other in all the three dimensions of personality i.e. psychoticism, neuroticism and extroversion to explain the mental health of adolescents. The Extrovert plays a significant role in enhancing the mental health of adolescents only in case of high intelligence group. The significant main effect of moral judgement and intelligence interacts with extroversion dimension of
personality to enhancing the mental health of adolescents. The high intelligent adolescents have significantly high mental health scores than their low intelligent adolescent’s counterpart only at extrovert group of adolescents with high moral judgement. There is the significant interaction of intelligence of adolescents with the extroversion dimension of personality to influence the mental health of adolescents differentially at high and low groups of moral judgement.