DECLARATION

I hereby declare that the thesis entitled “EFFECT OF SELECTED YOGIC PRACTICES ON PHYSIOLOGICAL AND LIPID PROFILE VARIABLES OF ATHLETES” is my own work conducted under the supervision of Dr. Bimal K. Joshi at Shah C. K. M. C. College, Ambika Highway, Kallol, North Gujarat, approved by Research Degree Committee. I have put in more than 200 days of attendance with the supervisor at the center.

I further declare that to the best of my knowledge the thesis does not contain any part of any work which has been submitted for award of any degree either in this university or any other university/ deemed university without proper citation.

Signature of the Supervisor
(With stamp)

Signature of Candidate
Vyas Chetan L.

Signature of the Head/Principal
(With stamp)