Aim and Objectives
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Aim:
To estimate markers of inflammation in nondiabetic first degree relatives of type 2 diabetes patients and assess their suitability as predictors of diabetes development.

Primary objective:
To know whether the nondiabetic first degree relatives (siblings and offspring) of patients with T2D manifest an inflammatory milieu as compared to subjects without a FH.

Secondary objectives:
1. To explore the anthropometric and metabolic variables contributing to inflammation.
2. To assess how early the inflammatory process begins.
3. To study the relation of MetS with inflammatory markers among the subjects with or without FH of diabetes.
4. To understand the correlation of these markers with anthropometric measures, markers of glycemic status and other components of the MetS.