Dear Respondent

It is a pleasure to meet you for the purpose of data collection in pursuit of the research work. This work cannot be accomplished without your cooperation. The aim of the present endeavor is to study personality, spirituality and religiosity. The question/statements in the questionnaires are meant to know your personal views. To make the research endeavor successful, it is important for you to extend your whole hearted cooperation by giving frank and honest responses to each question /statement. I assure you that the information given by you would be kept

APPENDIX I
strictly confidential. Once again you are requested to extend your co-operation for the accomplishment of the task.

Your co-operation is solicited.

Before going through the questionnaire, please see the following.

**General instructions**

1. Answer the question serially, that is as they appear in the format.
2. If some statement or questions appear to be similar even then your answer each of them separately.
3. It is expected that while answering, you do not consult anyone else. We want to know your opinions, views, and feelings, not theirs.
4. Do not take too much time over any particular question whatever answer comes to your mind first, give that.
5. Please be as honest as possible and do not hesitate. Feel free to give your frank responses, confidentiality of your responses is assured.
6. It is necessary that you answer all questions/statements. Please do not leave any question/statement unanswered.

**APPENDIX II**

**Biographical Information Blank**
Name .................................................................

Age .................................................................

Sex .................................................................

Religion ............................................................
APPENDIX III

NEO-FFI (NEO- Five Factor Inventory)

Test Booklet- Form S (Adult).
Paul T.Costa, Jr., PhD, and Robert R. McCrae, PhD

Instructions

Write only where indicated in the booklet. Carefully read all of the instructions before beginning. The questionnaire contains 60 statements. Read each statement carefully. For each statement fill the circle with the response that best represents your opinion. Make sure that your answer is in the correct box.

- Fill in SD if you strongly disagree or the statement is definitely false.
- Fill in D if you disagree or the statement is mostly false.
- Fill in N if you are neutral on the statement, if you cannot decide, or if the statement is about equally true and false.
- Fill in A if you agree or the statement is mostly true
- Fill in SA if you strongly believe or the statement is definitely true.
- For example, if you strongly disagree or believe that a statement is definitely false, you would fill in the SD for the statement.
- Fill in only one response for each statement. Respond to all the statements, making sure that you fill in the correct response. DO NOT ERASE! If you need to change an answer, make an “X” through the incorrect response and then fill in the correct response.
- Note that the responses are numbered in rows. Before responding to the statements, turn to the inside of the booklet and enter your name, age, gender and today’s date.
Name_________________________ Age__________ Gender_________
Today’s date_______

1. I am not a worrier.
2. I like to have a lot of people around me.
3. I don’t like to waste my time daydreaming.
4. I try to be courteous to everyone I meet.
5. I keep my belongings neat and clean.
6. I often feel inferior to others.
7. I laugh easily.
8. Once I find the right way to do something, I stick to it.
9. I often get into arguments with my family and co-workers.
10. I’m pretty good at pacing myself so as to get things done on time.
11. When I’m under a great deal of stress, sometime I feel like I’m going to pieces.
12. I don’t consider myself especially “light-hearted”.
13. I am intrigued by the patterns I find in art and nature.
14. Some people think I’m selfish and egotistical.
15. I am not a methodological person.
16. I rarely feel lonely or blue.
17. I really enjoy talking to people.
18. I believe letting students hear controversial speakers can only confuse and mislead them.
19. I would rather cooperate with others rather than compete with them.
20. I try to perform all the tasks assigned to me conscientiously.
21. I often feel tense and jittery.
22. I like to be where the action is.
23. Poetry has little or no effect on me.
24. I tend to be cynical and skeptical of others intentions.
25. I have a clear set of goals and work towards them in an orderly fashion.
26. Sometimes I feel completely worthless.
27. I usually prefer to do things alone.
28. I often try new and foreign foods.
29. I believe that most people will take advantage of you if you let them.
30. I waste a lot of time before setting down to work.
31. I rarely feel fearful or anxious.
32. I often feel as if I am bursting with energy.
33. I seldom notice the moods or feelings that different environments produce.
34. Most people I know like me.
35. I work hard to accomplish my goals.
36. I often get angry at the way people treat me.
37. I am a cheerful, high-spirited person.
38. I believe we should look to our religious authorities for decisions on moral issues.
39. Some people think of me as cold and calculating.
40. When I make commitment, I can always be counted on to follow through.
41. Too often, when things go wrong, I get discouraged and feel like giving up.
42. I am not a cheerful optimist.
43. Sometimes when I am reading poetry or looking at a work of art, I feel a chill or wave of excitement.
44. I am hard headed and tough minded in my attitudes.
45. Sometimes I am not as dependable or reliable as I should be.
46. I am seldom sad or depressed.
47. My life is fast paced.
48. I have little interest in speculating on the nature of the universe of the human condition.
49. I generally try to be thoughtful and considerate.
50. I am a productive person who always gets the job done.
51. I often feel helpless and want someone else to solve my problems.
52. I am a very active person.
53. I have a lot of intellectual curiosity.
54. If I don’t like people, I let them know it.
55. I never seem to be able to get organized.
56. At times I have been so ashamed I just wanted to hide.
57. I would rather go my own way than a leader of others.
58. I often enjoy playing with theories or abstract ideas.
59. If necessary, I am willing to manipulate people to get what I want.
60. I strive for excellence in everything I do.
APPENDIX IV

Spirituality Assessment Scale (Howden, 1992)

Instructions
Using the 1-6 scale below, indicate your agreement with each item by placing appropriate number on the line succeeding that item. Please be open in responding.

6- if you strongly agree
5- if you agree
4- if you agree more than disagree
3- if you disagree more than agree
2- if you disagree
1- if you strongly disagree

1. I have a general sense of belonging.
2. I am able to forgive people who have done wrong to me.
3. I have the ability to rise above or go beyond a physical or psychological condition.
4. I am concerned about the destruction of the environment.
5. I have experienced moments of peace in devastating event.
6. I feel a kinship to other people.
7. I feel a connection to all of life.
8. I rely on an inner strength in hard times.
9. I enjoy being of service to others.
10. I can go to a spiritual dimension within myself for guidance.
11. I have the ability to rise above or go beyond a body change or body loss.
12. I have a sense of harmony or inner peace.
13. I have the ability for self-healing.
14. I have an inner strength.
15. The boundaries of my universe extend or go beyond usual ideas of what time and space are thought to be.
16. I feel good about myself.
17. I have a sense of balance in my life.
18. There is fulfillment in my life.
19. I feel a responsibility to preserve the planet.
20. The meaning I have found for my life provides a sense of peace.
21. Even when I feel discouraged I trust that life is good.
22. My life has meaning and purpose.
23. My innerness or inner resources helps me to deal with uncertainty in life.
24. I have discovered my own strength in times of struggle.
25. Reconciling relationship is important to me.
26. I feel a part of community in which I live.
27. My inner strength is related to a belief in a higher power or Supreme Being.
28. I have goals and aims in life.
APPENDIX V
Religiosity Scale (Deka and Broota, 1985)

Instructions

Below are given certain items for measuring the attitude of people towards religious orientation. You are required to give your answer/opinion by putting a tick mark on any one of the following five categories given against each item.

Strongly Agree (SA)       Agree (A)
Undecided     (U)          Disagree (D)
Strongly Disagree (SD)

1. Heaven and hell do not exist. These are creations of mind.
2. A good man is one who has complete faith in God.
3. The evolution of universe is a scientific fact. It was not a creation of God.
4. The miracles reported by prophets are the absolute truth, only men fail to explain them.
5. It is necessary to believe and follow one religious faith or the other in order to recognize them.
6. People who strive for the good of human beings need no religion.
7. The soul is immortal and belongs to God.
8. Everyone’s destiny is in God’s hand.
9. Religious books are merely good literature, they have no other significance.
10. God is the creator and giver therefore one’s life should be guided in accordance with God’s will.
11. God created the universe for a specific purpose.
12. Deep faith in God helps one to overcome all crises.
13. The crisis and problems of life are God's way of test the faith of man.
14. Unquestioning acceptance of the written word has made man a slave of tradition.
15. It is important to pray to God in the way prescribed in one's religious faith.
16. Every person should have deep faith in some supernatural force higher than oneself, whose decisions one cannot question.
17. A pious and a God-fearing person will go to heaven.
18. A man without religion is like a student without a teacher.
19. There is a supreme being of God who controls the destiny of man.
20. Gurudwara/temples/churches and mosques have become centers of intrigue and politics.
22. Praying is a sign of weakness and helplessness.
23. Prayer is a means of communication with God and inviting his grace.
24. Religion is the only force, which restrains man from committing immoral acts.
25. Social discrimination in our society has their roots in religion.
26. The holy books of my faith are the result of divine inspiration.
27. God's messengers on earth are prophets, saints and Gurus.
28. Happiness cannot be gained through prayers, sacrificial offerings.
29. Religion prevents the development of rationality.
30. Religion is the only means of making man aware of his own essential goodness.
31. Belief in God leads to inaction and acceptance of injustice.
32. Every man needs some religious faith to help him meet the problems of life.
33. In every religion people with leadership qualities were proclaimed as saints and prophets.
34. Man pray for the selfish reasons.
35. Pilgrimage to holy places of worship of one's faith is necessary for all believers.
36. Man is the creator of his own destiny.
37. Churches, temples, mosques—religious places of worship serve as a meeting place for people belonging to the same faith. They have only social significance.
38. Casually and improperly performed prayer is disrespect to God.
39. Faith in God makes man more human.
40. Religious places of worship play no role in the spiritual and moral development of man.
41. Man is capable of ruining his own life without the intervention of any supreme being.
42. Gross injustice has been committed in the name of God.
43. Love and compassion for the creatures of the universe is the highest form of religion.
44. There is a force or power beyond the understanding of modern science.