APPENDICES
QUESTIONNAIRE FOR RESEARCH ON
"OCCUPATIONAL ROLE STRESS AMONG FEMALE IT PROFESSIONALS"

Name of the organization: ____________

Designation:
Sr. Manager □ Manager □
Executive □ Mgmt Trainee □

Age: ____________

Marital status: □ Married □ Unmarried

Total work experience (till present): ____________

What are your daily office hours, on per day/hrs basis?
7 to 8 hrs □ 8 to 10 hrs □
10 to 12 hrs □ more than 12 hrs □

What is the time spent in travelling from office (conveyance) to home daily
Less than 30min. □ Nearly 1 hr □
Nearly 1 hr 30 min □ nearly 2 hr □

Kindly mark if any, one or more, of the disease of the following you are suffering from:
Hypertension □ Diabetes □
Obesity □ Frequent headaches □

If any other please specify ____________

Kindly mark one or more household activities you is consistently involved in:
Bathing kids □ Cleaning/dusting □
Cooking □ Buying grocery □
Write 3 — if you sometimes feel this way
Write 4 — if you frequently feel this way
Write 5 — if you very frequently or always feel this way

Inter Role Distance

- Role interfere of my family life
- Neglected various other interest (Social, religious, etc) due to lack of time
- Role does not allow enough time for family.
- Organizational responsibilities interfere with extra organizational roles
- Lack to time spent with family and friends due to work role

Role Stagnation

- Not enough learning in present role for taking higher responsibilities.
- Too preoccupied with present role responsibilities to able to prepare taking higher responsibilities
- Not have enough time and opportunities to prepare for future challenges in life.
- Less scope of personal scope in life
- Feel stagnant in role

Role Expectations Conflict

- Not able to satisfy the conflicting demands of other people above me
- Not able to satisfy the conflicting demands of peers and junior
- Not able to satisfy the conflicting demands of clients and other. Since these are conflicting with one another
Expectation of seniors conflict with those of juniors
Feel bothered with the contradictory expectation different people have from my role.

Role Erosion
- My role has recently been reduced in importance
- All functions that should be part of role has been assigned to other role
- Would like to take on more responsibilities than handling at present.
- Can do much more than assigned
- Want more challenging task to do.

Role Overload
- Too heavy work load
- Amount of work I have to do interfere with the quality I want to maintain
- Given too much responsibilities
- Need to reduce some part of role
- Feel over burdened in role

Role Isolation
- Other role occupant do not give enough attention and time to my role
- Not enough interaction between my role and other role
- Want more concentration between my role and other role
- No evidence to several role being involved in joint problem or collaboration for planning action
- No response from other roles for the initiative for decision or help

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Personal Inadequacy
  o Inadequate knowledge to handle the responsibilities in my role
  o More skills required to handle the responsibilities of role
  o Not had the right training for role
  o Desired to prepare myself well for role
  o Need more training and preparation to be effective in work role

Self Role Distance
  o Do things in role that are against my better judgement
  o Not able to use training in expertise in role
  o Work in the organisation is not related to interests
  o Desire of full freedom to define my role
  o Conflicting between values and role

Role Ambiguity
  o Lack to Clarity on the scope and responsibilities of role (Job)
  o Not now what the people I work with expect of me
  o Several aspects to role are vague and unclear
  o Role has not been defined clearly and in detail
  o Lack of clarity in my role

Resource Inadequacy
  o Not get the information needed to carry out responsibilities assigned
  o Not get enough resource to be effective in role
  o Not have enough people to work with me in my role
  o Lack of necessary facilities needed in role
  o Desire for more financial resources for the work assigned

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LIST OF THE SELECTED IT COMPANIES

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<tr>
<td>Wipro</td>
<td>India</td>
<td>IT services</td>
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<tr>
<td>Accenture</td>
<td>USA</td>
<td>IT services</td>
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<tr>
<td>Adobe systems</td>
<td>USA</td>
<td>Research and development</td>
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<td>Switzerland</td>
<td>Semiconductors</td>
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<td>Steria</td>
<td>Paris</td>
<td>IT services</td>
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<td>Free scale semiconductor</td>
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<td>Korea</td>
<td>Research and development</td>
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<td>Patni Computer Systems</td>
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<td>IT services</td>
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