“An Analytical Study of Mental Health, Frustration Tolerance and Psychological Well Being of Graduates and Post-Graduates Students Using Facebook and WhatsApp.”

A
THESIS SUBMITTED TO
MAHARAJA KRISHNAKUMARSINHJI
BHAVNAGAR UNIVERSITY
FOR
THE DEGREE OF
Doctor of Philosophy
In
Psychology

By
Kamdar Bhavik J.
(M.A., M.Phil.)

Under the Guidance of
Dr. Arvind G. Dungrani
Samaldas Arts College,
Department of Psychology,
Maharaja Krishnakumarsinhji Bhavnagar University
Bhavnagar

2016