P R E F A C E

This dissertation is intended for all persons interested in examining high use, high abuse drugs in India and the impact these have on individuals (especially younger generation) and on society. When published, it can be used by health and drug education classes, public health courses, parent groups, and counselor training. It covers every major street and recreational drug, and many of the prescripts and over-the-counter drug that has a history of abuse or misuse. In addition, many of the drugs (psychotropic substances - genuine or spurious) promoted in quackery in this country are discussed with particular reference their impact on the younger population and their implication for society. Of course, the emphasis is not on clinical aspect of drug abuse/misuse. The approach is that of a sociologist. Criminologists, law enforcement authorities, and health professionals can also use it to their advantage.

This dissertation provides facts about drug sources, history, action in the body and mind, side-effect, interactions, tolerance, abuse potential, dosage, dependency, drug delivery systems, and alternatives to drugs in use today. Students and the youth in general appear eager to discuss the impact of drugs on
their lives. This thesis provides a host of golden opportunities. Consider the Prologue (An Introduction to the Problem under Study' - Chapter I), which contains such wide ranging topics as history of the drug abuse problem among students, and Indian population, in general; the social phenomenon of drug abuse, review of research and other literature on drug use/abuse/misuse; critical appraisal of the National Survey (also repeat survey) during a decade (1976-860 on drug Abuse among College/University Students of Seven metropolitan cities - Delhi, Jaipur, Bangalore, Bombay, Lucknow, Hyderabad and Saugor - and basic concepts relating to drug abuse/misue; classification of abusable (misusable) drugs etc.

The Introductory Chapter I also discuss in detail the objectives of the study, research design, methods and products, tools and techniques, hypotheses and the overall plan adopted for the analysis and generalisation of the data collected through field work.

Chapter II (Approaching the Problem) is sub-divided into a number of sections. This chapter contains a critical appreciation of earlier studies and methodology. Its sectional discussion encompasses psycho-social aspects of drug abuse; analytical studies; questions to answer; thematic dimensions; reasons for the choice of the problem; design of research; the
The Chapter III contents are based on the data collected through field work. We have discussed in depth the incidence, pattern and socio-economic-cultural etc. background of drug use among students (particularly, the hostellers in Jaipur city) the educational background/ performance/achievement in academic field including association with the type of schooling; economic status and life style of the drug-users family (extended family and the peer group - not overlooking the life style promoted traditionally in the hostel/lodge drug using students reside in; nature and frequency plus quantity of drug consumed and the method of administration/consumption of drugs.

Chapter IV deals with the socio-cultural-economic variables of drug users/abusers/misusers, such as age, sex, marital status, education, class (with year, schooling, faculty), academic interest, economic status of the drug users' family with its life style; residential background and duration of stay in Jaipur city; religious-spiritual inclination or otherwise, language spoken; sources of getting drugs have also been discussed. A finalies to the dicussion underlines the dangerous implications for human health, particularly for the adolescent and youth population which is the base of national citizen.
The fifth chapter deals with the "motivations for drug use. It encompasses such vital issues as initiation to drug use; source of first suggestion; place and drug of first use, conditions promoting drug abuse leading to addiction/dependence; reasons for abstinence. The typology of drug abusers has been formulated keeping in view the earlier formulations. The problems emanating from drug use/abuse/misuse have been analysed in depth, for an acquaintance with such problems can only serve (?) as warning posts (or signals) to those who use drug/s against their will/or their with and kin and other sympathisers. An adequate answer has been sought to the over-poignant and anxious question. "Does prior knowledge serve as a deterrent to drug use. Another important aspect of the problem of drug abuse, namely, the post effect reactions and their consequent fate. Time of drug use and post-effect activity analysis makes an interesting and revealing reading. Finally, the withdrawal syndrome or the conditions situations/bodily and mental reactions pertaining to abstinence from drug use (especially after falling prey to dependence) has been elaborately examined.

The Sixth Chapter analyses the role of the family and the peer group in drug usage. A number of important sub-variables (constituent ones) such as staying away from
family, family organisation, inter-parental relationship, family structure and composition; parent-children relationship; size of the family; upbringing of children relationship patterns; including family control, birth order of drug abusers; parents' awareness of children's drug use; and parental role especially their guidance, supervision and disciplinary role.

Chapter seven analyses the very crucial aspect of drug use/abuse/misuse in the sense what role knowledge of drugs and formation of perceptual images play in the dreaded and much despised phenomenon of drug abuse in its different facts. Herein we have discussed in some length such issues as drug knowledge; motives in drug taking; attitudes towards drug abuse. Then it has been sought to emphasize that drug use is a form of learned behaviour as all other activities, normal or abnormal, are established to be the quintessance of human personality. Lastly, we have taken pains to formulate a paradigm to explain drug abuse on oshevco-socio-cultural parameters.

The last chapter (VIII) deals with conclusions, suggested improvement in drug research policies and procedure and the societal concern for a pragmatic policy of control on drug consumption, both on the macro as well
as the micro levels. A symposium of this chapter includes section on the discussion (often critical yet pragmatic) on the problems of effects of drugs; reactions of de-drugged/de-drugging persons; the programme for treatment and rehabilitation detailing various prevalent or future (projected) procedures and institutional settings. Due emphasis has been laid on the prevention of drug abuse/misuse keeping in view the difficulties and snags involved in the implementation of a restrictive or control policy including the fad of so-called unpragmatic social therapists. Suggestions for new research orientations and quest for more pragmatic and effective procedures of control in all forms of drug abuse and agencies and systems leading to the deterioration of the problem of drug menace have also been hazarded. Finally, various facts of prevalent and to be adopted policy for drug control have been delineated in some detail keeping in view what has to date occurred on the drug scene in some of the most advanced countries of the world. Indications about the ineptness and failures/shortcoming of the national policy in India relating to the drug problem have also been attempted.
Thus, the panorama, it be so called, of the drug scene in our college/university hostels within the overall complex and variegated scenario on the national front has been sought to be intelligently surveyed. How far, we have succeeded in our modest effort is subject to the opinion and assessment of our learned readers. And the last world, I for myself, am a strict non-drug user. Only my sympathetic and empathetic relationship with the hostellers under scrutiny, in various capacities and moods, has impelled and encouraged me to present the humble and micro-level study in this dissertation form. May I pray the Almighty to give me that peace of mind and contentment which usually follow an honest and faithful academic endeavour.