Dear Student,

I am doing research on the topic mentioned above, which leads to my Ph.D thesis, in this regard I need your valuable and hearty co-operation. The questions given in the Questionnaires were designed to know your attitude and feelings regarding certain Psychological aspects. The data given by you will be used purely for my research purpose and will be kept highly confidential.

Thanking you

Yours sincerely,

M.V.R.Krishnaji
Research Scholar
PERSONAL DATA

Please put the tick mark (✓) for questions which have alternative answers and write answers for other statements.

1. Name of the student : 
2. Class : VI, VII, VIII, IX, and X.
3. Name of the school : 
4. Gender : Boy/Girl
5. Location of the school : Rural/ Urban
6. Medium of instruction : Telugu / English
7. Management of the school : Government/Private
8. Level of achievement : High achiever (71% and above)
   (Based on Last year annual Exam Marks percentage) Average achiever (between 41% to 70%)
   Low achiever (Below 40%)
9. Parental Educational Background : Educated / UN Educated
EMOTIONAL INTELLIGENCE SCALE

INSTRUCTIONS:-

This scale consists of 33 statements related to our daily life. Read each statement carefully and indicate your feelings on a 5 point scale as given below.


Put a tick (✓) mark against one number for each statement to show your feelings.

Please answer the statements.

1. I know when to speak about my personal problems to others : (1) (2) (3) (4) (5)
2. When I am faced with obstacles, I remember times I faced similar obstacles and overcome them. : (1) (2) (3) (4) (5)
3. I expect that I will do well on most things I try. : (1) (2) (3) (4) (5)
4. Other people find it easy to confide in me. : (1) (2) (3) (4) (5)
5. I find it hard to understand the non-verbal messages of other people. : (1) (2) (3) (4) (5)
6. Some of the major events of my life have led me to re-evaluate what is important and non-important. : (1) (2) (3) (4) (5)
7. When my mood changes, I see new possibilities. : (1) (2) (3) (4) (5)
8. Emotions are one of the things that make my life worth living. : (1) (2) (3) (4) (5)
9. I am aware of my emotions has I experience them. : (1) (2) (3) (4) (5)
10. I expect good things to happen. : (1) (2) (3) (4) (5)
11. I like to share my emotions with others. : (1) (2) (3) (4) (5)
12. When I experience a positive emotion, I know how to make it last : (1) (2) (3) (4) (5)
13. I arrange events others enjoy. : (1) (2) (3) (4) (5)
14. I seek out activities that make me happy. : (1) (2) (3) (4) (5)
15. I am aware of the non-verbal messages I send to others. : (1) (2) (3) (4) (5)
16. I present myself in a way that makes a good impression on others : (1) (2) (3) (4) (5)
17. When I am in a positive mood, solving problems is easy for me. : (1) (2) (3) (4) (5)
18. By looking at their facial expressions, I recognize the emotions people are experiencing:

19. I know why my emotions change:

20. When I am in a positive mood, I am able to come up with new ideas:

21. I have control over my emotions:

22. I easily recognize my emotions as I experience them:

23. I motivate myself by imagining a good outcome to task I take on:

24. I compliment others when they have done something well:

25. I am aware of the non-verbal messages other people send:

26. When another person tells me about an important events in his or her life, I almost feel as though I have experienced this event myself:

27. When I feel a change in emotions, I tend to come up with new ideas:

28. When I am faced with a challenge, I give up because I believe I will fail:

29. I know that other people are feeling just by looking at them:

30. I help other people feel better when they are down:

31. I use good moods to help myself keep trying in the face of obstacles:

32. I can tell how people are feeling by listening to the tone of their voice:

33. It is difficult for me to understand why people feel the way they do:
SELF-CONFIDENCE INVENTORY

Every person has some idea about how he feels or thinks about himself. The present test aims at studying how you feel or think about yourself.

The following questionnaire contain a series of numbered statements. The statement for some people and not true for some others. Read each statement and Decide how you feel or think about it, If the statement is TRUE or USUALLY TRUE as applied to you, encircle around the appropriate word on the answer sheet. If the statement is FALSE or USUALLY FALSE as applied to you, encircle around the appropriate word.

Try to answer every statement even if you have to guess at some. Please remember to give your own opinion about yourself. Answer as quickly as possible and do not spend too much time on any one. Your answers will be kept strictly confidential. Therefore please answer each statement honestly and thoughtfully. There are no right or wrong answers.

T=True, UT=Usually True, F=False UF=Usually False

1. It is rather difficult for me to make new friends. : T, UT, F, UF.
2. I can be natural while as a party. : T, UT, F, UF.
3. I am never at conflict with myself. : T, UT, F, UF.
4. I enjoy mixing with people. : T, UT, F, UF.
5. In social conversation I am usually a listener than a talker. : T, UT, F, UF.
6. I can usually find a ready answer for remarks made to me. : T, UT, F, UF.
7. When things go wrong I pity or blame myself. : T, UT, F, UF.
8. I have a horror of a failing in anything I want to accomplish. : T, UT, F, UF.
9. I often cross the street to avoid meeting some people known for me. : T, UT, F, UF.
10. I find it very difficult to speak in public. : T, UT, F, UF.
11. I feel insecure within myself. : T, UT, F, UF.
12. I find it hard to do my best when people are watching. : T, UT, F, UF.
13. I can recover easily and quickly from social blunders. : T, UT, F, UF.
14. I do not care much for what others think of me. : T, UT, F, UF.
15. I have difficulty in talking to most people. : T, UT, F, UF.
16. I stay in the background in social gatherings. : T, UT, F, UF.
17. I feel embarrassed to enter in to assembly when all are already seated. : T, UT, F, UF.
18. I have difficulty in saying the right thing at the right time. : T, UT, F, UF.
19. I tend to worry over possible troubles. : T, UT, F, UF.
20. I frequently feel thwarted because I am unable to do as I desire. : T, UT, F, UF.
21. I think of myself as a successful person. : T, UT, F, UF.
22. I am much affected by the praise or blame of many people. : T, UT, F, UF.
23. My feelings are rather easily hurt. : T, UT, F, UF.
24. I can face a difficult situation without worry. : T, UT, F, UF.
25. I am hesitant about forming decisions. : T, UT, F, UF.
26. I feel bored much of the time. : T, UT, F, UF.
27. I can tackle new situations with a reasonable degree of assurance. : T, UT, F, UF.
28. I am often unable to decide until it is too late for action. : T, UT, F, UF.
29. I tend to be quick and certain in my actions. : T, UT, F, UF.
30. I always feel that I can achieve are things I wish. : T, UT, F, UF.
31. I feel no obstacle can stop me from achieving my final goal. : T, UT, F, UF.
32. I am generally confident of my own ability. : T, UT, F, UF.
33. I often feel that in life’s competition I am generally the loser. : T, UT, F, UF.
34. I frequently feel unworthy. : T, UT, F, UF.
35. I worry over humiliating situations more than most persons. : T, UT, F, UF.
36. I feel physically inferior of my friends. : T, UT, F, UF.
37. I find it hard to continue work when I do not get enough encouragement. : T, UT, F, UF.
38. I am bothered by inferiority feelings. : T, UT, F, UF.
39. My people believe that I am as much a success as I could be. : T, UT, F, UF.
40. I can play my best in a game or contest against an opponent who is much Superior to me. : T, UT, F, UF.
41. I am always ready to decide what my next step should be. : T, UT, F, UF.
42. I can adjust readily to new situations. : T, UT, F, UF.
43. I often feel rather awkward. : T, UT, F, UF.
44. I am afraid that other people will dislike me. : T, UT, F, UF.
45. My friends have made better life adjustment than myself. : T, UT, F, UF.
46. I am happy go lucky person. : T, UT, F, UF.
47. I can relax myself easily. : T, UT, F, UF.
48. I blush very often. : T, UT, F, UF.
49. When upset emotionally, I take much time to recover. : T, UT, F, UF.
50. I day dream very often. : T, UT, F, UF.
51. I am readily moved to tears. : T, UT, F, UF.
52. When a critical situation is past, I often think what I should have done but didn’t. : T, UT, F, UF.
53. I often feel that my movements are clumsy. : T, UT, F, UF.
54. I don’t have initiative. : T, UT, F, UF.
55. I usually work things out for myself rather than get someone to show me. : T, UT, F, UF.
56. I am a dominant person. : T, UT, F, UF.
57. I am usually discouraged when the options of others differ from my own. : T, UT, F, UF.
58. I am often confused. : T, UT, F, UF.
59. People frequently blame me for things unjustly. : T, UT, F, UF.
60. I feel that my parents are disappointed in me. : T, UT, F, UF.
61. I envy the happiness that others seem to enjoy. : T, UT, F, UF.
62. Criticism disturbs me greatly. : T, UT, F, UF.
63. I get discouraged easily. : T, UT, F, UF.
64. I can get a job any day. : T, UT, F, UF.
65. I seem to make friends about as quickly as others do. : T, UT, F, UF.
66. I shrink from facing crisis or difficulty. : T, UT, F, UF.
67. If given chance I could do something that would be of great benefit to the World. : T, UT, F, UF.
68. If given a chance I would make a good leader of people. : T, UT, F, UF.
69. I have several times given up doing a thing because I thought too little of my Ability. : T, UT, F, UF.
70. No one seems to understand me. : T, UT, F, UF.
71. I need someone to push me through the things. : T, UT, F, UF.
72. Life is a strain for me much of the time. : T, UT, F, UF.
73. I have had blank spells in which my activities were interrupted and did not Know what was going around me. : T, UT, F, UF.
74. I am worried about sex matters. : T, UT, F, UF.
75. I have periods of such great restlessness that I cannot sit long
    in a chair. : T, UT, F, UF.
76. I refuse to play some games because I am not good at them. : T, UT, F, UF.
77. I find it hard to keep my mind on a task or job. : T, UT, F, UF.
78. I seem to be about as smart as most others around me. : T, UT, F, UF.
79. I usually feel well and strong. : T, UT, F, UF.
80. I think too much over everything. : T, UT, F, UF.
81. My daily life is full of things that keep me interested. : T, UT, F, UF.
82. I am certainly lacking in self confidence. : T, UT, F, UF.
83. Almost always I find myself worrying about something or
    the other. : T, UT, F, UF.
84. I have often lost good chances because I would not
    make up my mind soon enough. : T, UT, F, UF.
85. I spend much of the time worrying over the future. : T, UT, F, UF.
86. I do not tire quickly. : T, UT, F, UF.
87. I think I have an attractive personality. : T, UT, F, UF.
88. I don’t think too long over my problems. : T, UT, F, UF.
89. I have feeling of hopelessness. : T, UT, F, UF.
90. I cannot express my emotions freely. : T, UT, F, UF.
91. When my friends criticize me I take it well. : T, UT, F, UF.
92. I am a responsible person. : T, UT, F, UF.
93. Generally I am quite sure of myself. : T, UT, F, UF.
94. Usually I am dissatisfied with myself. : T, UT, F, UF.
95. I have the feeling that I am just not facing things. : T, UT, F, UF.
96. I have enough faith in myself. : T, UT, F, UF.
97. I am often in low spirits. : T, UT, F, UF.
98. I often feel helpless. : T, UT, F, UF.
99. I am often disorganized. : T, UT, F, UF.
100. I can usually make up my mind and stick to it. : T, UT, F, UF.
I-E LOCUS OF CONTROL QUESTIONNAIRE

INSTRUCTIONS

This is a questionnaire to find out the way in which certain events in our society affect different people. Each item consists of a pair of alternatives lettered (a) and (b). Please select one statement of each pair (and only one) which you more strongly believe to be the case as far as you are concerned. Be sure to select the one you actually believe to be more true rather than the one you think you should choose or the one you would like to be true. This is a measure of personal belief obviously there are no right or wrong answers.

Please read these items carefully but do not spend too much time on any one item. Be sure to find an answer for every choice.

In some instances you may discover that you believe in both statements or Neither one. In such cases, be sure to select the one you more strongly believe to be true as far as you are concerned. Also try to respond to each item independently. When making choice, do not be influenced by your previous choices. Select any one statement and make a circle around it.

1. a) Children get into trouble because their parents punish them too much.
   b) The trouble with most children nowadays is that their parents are too easy with them.

2. a) Many of the unhappy things in people’s lives are partly due to bad luck.
   b) People’s misfortunes result from the mistake they make.

3. a) One of the major reasons why we have wars is because people don’t take Enough interest in politics.
   b) There will always be wars, no matter how hard people try to prevent them.

4. a) In the long run people get the respect they deserve in this world.
   b) Unfortunately, an individual’s worth often passes unrecognized no matter how hard he tries.

5. a) The idea that teachers are unfair to students is non-sense.
   b) Most students don’t realize to extent to which their grades are influenced by accidental happenings.
6. a) Without the opportunity one cannot be an effective leader.
   b) capable people who fail to become leaders have not taken advantage of
   their opportunities.

7. a) no matter how hard you try some people just don’t like you.
   b) People who are not liked by others do not understand how to get along with others.

8. a) Heredity plays the major role in determine one’s personality.
   b) It is one’s experiences in life which determine what they’re like.

9. a) I have often found that what is going to happen will happen.
   b) Making a decision to make a definite course of action has turned out better
   for me than trusting on luck.

10. a) In the case of the well prepared student there is rarely if ever such a thing
     as an unfair test.
    b) Many times in examination questions tend to be unrelated to course work
     that studying is really useless.

11. a) Becoming a success is a matter hard work, luck has title or nothing to do With it.
    b) Getting a good job depends mainly on being in the right place at the right time.

12. a) the average citizen can have an influence in government decisions.
    b) This world is run by the few people in power, and there is not much the
    little guy can do about it.

13. a) When I make plans I am almost certain that I can make them successful.
    b) It is not always wise to plan too much in advance because many things
    turn out to be a matter of good or bad fortune.

14. a) There are certain people who are just no good.
    b) There is some good in every body.

15. a) In my case getting what I want has little or nothing to do with luck.
    b) Many times we might just as well decide what to do by flipping a coin.
16. a) Who gets to be the boss often depends on who is luckily enough to be in the right place first.
   b) Getting people to do the right thing depends upon ability, luck has little or nothing to do with it.

17. a) As far as world affairs are concerned most of us are the victims of forces we can neither understand nor control.
   b) By taking an active part in political and social affairs, the people can control world events.

18. a) Most people don’t realize the extent to which their lives are controlled by accidental happenings.
   b) There really is no such thing as “luck”

19. a) One should always be willing to admit mistakes.
   b) It is usually best to cover up one’s mistakes.

20. a) It is hard to know whether or not a person really likes you.
   b) How many friends you have depends upon how nice a person you are.

21. a) In the long run the good things and bad things are balanced.
   b) Most misfortunes are the result of luck of ability, ignorance, laziness, are all three.

22. a) With enough effort we can completely remove political corruption.
   b) People can not have much control over the things politicians do in office.

23. a) Sometimes I can’t understand how teachers arrive at the grades they give.
   b) There is a direct connection between how hard I study and the grades I get.

24. a) A good leader expects people to decide for themselves what they should do.
   b) I do not believe that chance or luck plays an important role in my life.

25. a) Many times I feel that I have little influence over the things that happen to me.
   b) I do not believe that chance or luck plays an important role in my life.

26. a) People are lonely because they don’t try to be friendly.
   b) It is useless to try too hard to please people, if they like you.
27.  a) There is too much emphasis on athletics in high school.  
      b) Games and sports are an excellent way to build character.

28.  a) What happens to me is my own doing.  
      b) Sometimes I feel that I don’t have enough control over the direction my life is taking.

29. a) Most of the time I can’t understand why politicians behave the way they do.  
      b) In the long run people are responsible for bad government on a national as well as on a local level.