CHAPTER-V

Conclusions, Suggestions & Recommendations
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On the basis of the critical inferences drawn from the chapter number-IV, we can conclude that:

There was significant difference on the variable of achievement motivation among different level of hockey players. National level hockey players had high level of achievement motivation in comparison of intervarsity and inter-collegiate level hockey players. Intervarsity level players had more achievement motivation than the inter-collegiate level hockey players.

There was significant difference between national and intercollegiate, intervarsity and inter-collegiate level hockey players on emotional intelligence. However, there was no significant difference between national and intervarsity level hockey players on the variable of emotional intelligence. National and intervarsity level players had more emotional intelligence in comparison to inter-collegiate level hockey players.

It was also concluded that significant difference exists on the sub-variables of emotional intelligence i.e., inter personal awareness, intra personal management and inter personal management, national and
intervarsity level had more score than inter-collegiate level hockey players in all these sub-variables of emotional intelligence, but there was no significant difference among different level of hockey players on the sub-variable of emotional intelligence i.e., intra personal awareness.

There was significant difference between national and inter-varsity, inter-varsity and inter-collegiate level hockey players on the variable social intelligence. However, there was no significant difference between national and inter-varsity level hockey players. So it was concluded that national and inter-varsity level players were more socially intelligent than the inter-collegiate level players.

There was also significant differences among different level hockey players on the sub-variables of social intelligence i.e., patience, cooperativeness, sensitivity, tactfulness, sense of humor and memory. Whereas no significant difference exist among different level hockey players on the sub-variable of social intelligence i.e., confidence and recognition of social environment. National level hockey players had more patience than the inter-varsity and inter-collegiate level players, no significant difference exist between inter-varsity and inter-collegiate level players in terms of patience. National and inter-varsity level players were more cooperative in nature in comparison to inter-collegiate level players, inter-varsity and inter-collegiate level layers had insignificant difference
on the sub-variable i.e., cooperativeness. Intervarsity level players had more sensitivity than the inter-collegiate level players, whereas no significant difference exists between national and intervarsity as well as national and inter-collegiate level players in terms of sensitivity. Inter-collegiate level players were higher in comparison to the intervarsity level players, no significant difference exist among national and intervarsity as well as national and inter-collegiate level layers on tactfulness. National level players had higher sense of humor in comparison to the intervarsity and intercollegiate level players, intercollegiate level players were also higher than the intervarsity level players in terms of sense of humor. National and intervarsity level players had better memory than the intercollegiate level players, whereas no significant difference exists between national and intervarsity level players on the sub-variable of memory.

It was also concluded that there was no significant relationship between achievement motivation and social intelligence among different level hockey players. Significant relationship exists between emotional and social intelligence among hockey players at national and intercollegiate level, as well as significant relationship between achievement motivation and emotional intelligence at national and intervarsity level. Whereas no significant relationship was there between
emotional intelligence and social intelligence among intervarsity level. Insignificant relationship exists between achievement motivation and emotional intelligence among inter-collegiate level hockey players.

**Suggestions**

Keeping in view the findings of the present study, the following suggestions are being made:

1. Similar studies may be conducted in other games and sports.
2. The scope of the study can be widened to cover international, all India intervarsity and state level sports persons.
3. A comparative study may be conducted on East, West, North and South-Zone players to find out the degree of variation with respect to these variables.
4. Other psychological variables which have been left unattended in this study may be included in other studies to have a broader understanding of the psychological makeup of the players.
5. In future, a series of studies need to be conducted considering the important psychological variables and their relationship to performance.
Conclusions, Suggestions and Recommendations

**Recommendations**

1. It is recommended that factors like health status, aspiration level and other psychological factors be considered in future studies.

2. Such type of studies may also be conducted other states of the country.

3. Along with psychological parameters, the physical and biomechanical parameters of sportspersons should also be studied.

Further, a study should be conducted to compare elite and non elite sportspersons of different sports in relation to achievement motivation, emotional and social intelligence.