List of Figures

Figure 1. Pre-test – post-test comparison of MAAS-State ................................................................. 70
Figure 2. Baseline – post-test comparison of Positive Affect (PA)...................................................... 73
Figure 3. Baseline – post-test comparison of Negative Affect (NA).................................................... 74
Figure 4. Pre-test – post-test comparison of performance speed in psychomotor function.............. 78
Figure 5. Pre-test – post-test comparison of performance speed of function of attention ............. 82
Figure 6. Baseline – post-test comparison of accuracy of function of learning ............................... 86
Figure 7. Baseline – post-test comparison of accuracy of function of simple memory............... 90
Figure 8. Baseline–post-test comparison of accuracy of function of social-emotional cognition 94