APPENDIX – XII

Glimpses of Data Collection Procedure and Intervention Period

Investigator with the subjects of EG₂ during Intervention

Subjects enjoying during intervention with Punjabi folk songs in EG₃

Subjects listening to instrumental music in EG₁

Subjects during intervention in EG₂

Subjects in a joyous mood after listening to Punjabi folk songs in EG₃

Investigator with the subject of EG₁ during intervention
Investigator with the subjects of $\text{EG}_1$ during Intervention

Subjects in $\text{EG}_1$ listening to instrumental music

Subjects concentrating during intervention period in $\text{EG}_1$

Subjects concentrating during intervention period in $\text{EG}_1$

Subjects concentrating during intervention period in $\text{EG}_2$

Subjects concentrating during intervention period in $\text{EG}_2$
Subjects filling anxiety and stress scales in pre and post testing