Acknowledgements

God a great refuge and strength of everyone is also the same for me where help is always present, when we need it most, I thank him for guiding and helping me in all rough and torn paths for always being less than a whisper away…..I thank the almighty God, for it is under His grace that we live, learn and flourish!! God’s hand is there, always guiding me and leading me to greater heights.

As no research is ever the outcome of single individual’s talent or efforts. I also have seen and experienced the countless blessings showered on me by my parents, all family members, teachers, friends and all my well-wishers knowing me. It provides me pleasure to convey my sincere gratitude to all those who have directly or indirectly contributed to make this work a success. I must make special mention of some of the personalities and acknowledge my sincere indebtedness to them.

This thesis is the result of six years of work during which I have been accompanied and supported by many people.

First and foremost, I wish to express my deepest gratitude to my supervisors, for whom I find it difficult to get appropriate words to express the feelings fully. Speech fails me and I fumble for words to express my heartfelt gratitude and sincere thanks to my worthy guides, Prof Arun Nanda and Prof Bhupinder Singh Bhoop for their unceasing encouragement, professional guidance, helpful advices, constructive criticism, precious suggestions, crucial help and benevolent attention, enabled me to execute this project successfully. I am very grateful for their scientific support and for providing me such an interesting topic. I want to give special thanks to Prof Bhoop for providing, precious and erudite suggestions and directions, constant and untiring guidance specially in optimization studies using FbD technology where he is the most eminent personality in the country. To work under the guidance of such an eminent person has been a great and inexplicable experience, which will go a long way down my memory lane in my life. My heartily thanks go to him. Furthermore, I am very thankful to both of my guide for the opportunity to support their editorial role in various papers published.

I also express my sincere gratitude to Prof M. Hoque, Department of Surgery of Indian Veterinary Research Institute (IVRI), Bareilly, for his valuable support in the in-vivo floating mucoadhesive and anti-diabetic studies at IVRI.
My sincere thanks are also due to Prof Y P Singla for his unconditional help and support in conducting the human studies.

With great pleasure and reverence, I express my debt of profound gratitude to Dr Mrs. Sanju Nanda for her advice from the very early stage of this research as well as giving me extraordinary experiences throughout the work. Her conceptual and technical insights into my thesis work have been invaluable.

Words are an inadequate medium to express my deep sense of gratitude to Ms Babita and Mr Sarwar Beg Research scholar, UIPS, Chandigarh, for their keen interest, propelling inspiration, informative and critical discussions, valuable suggestions and directions, selfless support and persistent encouragement throughout this investigation.

I would also like to record my sincerest gratitude to Dr B. Narasimhan, Head, department of pharmaceutical sciences and other teachers of the department for providing the most congenial working atmosphere and excellent laboratory facility in the centre. Dr B. Narasimhan provided unflinching encouragement and support in various ways. It gives me immense pleasure to express my sincere thanks to other non-teaching and office staff of the department for their benevolent help and genuine concern.

I wish to thank my friend Mr Saurabh Sharma for his kind help and support during the period of all six years of the project.

I wish to thank all the staff members of my college for their involvement and friendly attitude during my work specially Mr Vijay Sharma and Mr Pratiush Saxena for their support.

Gift samples of Glipizide by Cadila Pharmaceuticals Limited, Ahmedabad, HPMC by Colorcon India, HPMC capsule Shell by Qualicaps, Japan, are gratefully acknowledged.

Most importantly, with my deep gratitude, I wish to thank my family for their love, constant encouragement and never-ending support over the years.

Last but not the least my special thanks to Shri. Devmurti Ji Chairman SRMS Trust, Lucknow-Bareilly for his kind support in providing all necessary facilities required.

(Lalit Singh)