# TABLE OF CONTENTS

List of Tables
List of Figures
List of Abbreviations

<table>
<thead>
<tr>
<th>Chapter I</th>
<th>Introduction</th>
<th>... 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.2.</td>
<td>Significance of the Study</td>
<td>... 4</td>
</tr>
<tr>
<td>1.3.</td>
<td>Statement of the Problem</td>
<td>... 5</td>
</tr>
<tr>
<td>1.4.</td>
<td>Objective of the Study</td>
<td>... 6</td>
</tr>
<tr>
<td>1.5.</td>
<td>Hypothesis</td>
<td>... 7</td>
</tr>
<tr>
<td>1.6.</td>
<td>Methodology</td>
<td>... 7</td>
</tr>
<tr>
<td>1.7.</td>
<td>Tools of Analysis</td>
<td>... 12</td>
</tr>
<tr>
<td>1.8.</td>
<td>Limitation of the Study</td>
<td>... 15</td>
</tr>
<tr>
<td>1.9.</td>
<td>Period of the Study</td>
<td>... 16</td>
</tr>
<tr>
<td>1.10.</td>
<td>Chapterization</td>
<td>... 17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter II</th>
<th>Review of Literature</th>
<th>... 19</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.1.</td>
<td>Introduction</td>
<td>... 19</td>
</tr>
<tr>
<td>2.2.</td>
<td>Tribes in India</td>
<td>... 20</td>
</tr>
<tr>
<td>2.2.1.</td>
<td>Tribal Society</td>
<td>... 27</td>
</tr>
<tr>
<td>2.2.2.</td>
<td>Tribal Population in India</td>
<td>... 28</td>
</tr>
<tr>
<td>2.3.</td>
<td>Study on Paniyas</td>
<td>... 30</td>
</tr>
<tr>
<td>2.4.</td>
<td>Origin, Development and Social Structures of Paniya</td>
<td>... 31</td>
</tr>
<tr>
<td>2.5.</td>
<td>Customs of Paniyas</td>
<td>... 46</td>
</tr>
<tr>
<td>2.5.1.</td>
<td>Culture of Paniyas</td>
<td>... 51</td>
</tr>
<tr>
<td>2.6.</td>
<td>Religion of Paniyas</td>
<td>... 52</td>
</tr>
<tr>
<td>2.7.</td>
<td>Social Changes and Contextual issues of Paniyas</td>
<td>... 54</td>
</tr>
<tr>
<td>2.8.</td>
<td>Sociological Theories</td>
<td>... 62</td>
</tr>
<tr>
<td>2.8.1.</td>
<td>Functionalism</td>
<td>... 62</td>
</tr>
<tr>
<td>2.8.2.</td>
<td>Marxism</td>
<td>... 62</td>
</tr>
<tr>
<td>2.8.3.</td>
<td>Socialization</td>
<td>... 63</td>
</tr>
<tr>
<td>2.8.4</td>
<td>Theories of Social Change</td>
<td>... 63</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter III</th>
<th>Profile of the Study Area</th>
<th>... 65</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.1.</td>
<td>Introduction</td>
<td>... 65</td>
</tr>
</tbody>
</table>
3.2. Tamil Nadu 65
3.3. The Nilgiris 67
3.3.1. Historical Background 68
3.3.2. Hills 70
3.3.3. Rivers 70
3.3.4. Transport and Communication 70
3.3.5. Railways 71
3.3.6. Climate 71
3.3.7. Tribes 71
3.3.8. Schools for Tribal 77
3.3.9. Tribal Development 77
3.3.10. Population 77
3.3.11. Tribal Population 78
3.3.12. Gudalur 79
3.3.13. Paniyas in Tamil Nadu 80
3.3.14. Paniya Population in Tamil Nadu 81
3.4. Kerala 82
3.4.1. Tribal in Kerala 83
3.5. Kannur 94
3.5.1. Physiography 95
3.5.2. History 96
3.5.3. Administration 101
3.5.4. Religion 100
3.5.5. Scheduled Caste and Tribes 102

Chapter IV Analysis of Primary Data:
   Origin and Developmental Perspectives 103

4.1. Introduction 103
4.2. Meaning of Development 105
4.3. Origin and Developments of Paniyas 105
4.4. Traditional Life Style 108
4.5. Social Structure & Organisation 109
4.5.1. Elder 114
4.5.2. Clan 116
4.5.3. Social Order 117
4.6. Media and Communication 117
4.7. Inheritance 121
4.8. Socio-Economic Condition 121
4.9. Social Developments 121
4.10. Developmental Programs by Government 123
4.11. Social Organizations working for the Welfares of Paniyas 136
   4.11.1. ACCORD 137
   4.11.2. ASHWINI 138
4.11.3. Gudalur Adivasi Hospital (GAH) ... 139
4.11.4. Adivasi Munnetra Sangam (AMS) ... 148
4.11.5. Vidyodaya Trust ... 150
4.11.6. KIRTADS ... 151
4.11.7. Tribal Research Centre ... 154
4.12. Health and Developments ... 155
4.12.1. Medicinal Plants ... 158
4.12.2. Family Planning ... 158
4.12.3. People’s Hesitation to Go to Hospitals ... 158
4.12.4. Water and Sanitation ... 159
4.12.5. Hygiene ... 159
4.13. Education and Development ... 161
4.13.1. Language Issues ... 166
4.13.2. Paniyas Education ... 169
4.14. Status of Paniya Women ... 170
4.15. Status of Children ... 171
4.16. Paniya Girl Child and Dropouts ... 173

Chapter V Analysis of Primary Data:
Socio- Cultural and Economic Perspectives ... 175

5.1. Introduction ... 175
5.2. Settlements ... 175
5.3. Housing ... 176
5.4. Family ... 180
5.5. Paniya Language ... 184
5.6.1. Customs: Dressing ... 186
5.6.2. Customs: Food ... 187
5.6.3. Customs: Ornaments ... 193
5.6.4. Customs: Birth ... 195
5.6.5. Customs: Naming of Child and Other Rites ... 197
5.6.6. Customs: Puberty ... 197
5.6.7. Customs: Marriage ... 198
5.6.8. Customs: Death ... 214
5.7. Occupation and Livelihood ... 218
5.8. Social Issues among Paniyas ... 225
5.8.1. Ill-treats by Others ... 226
5.8.2. Water Problem ... 226
5.8.3. Landlessness ... 227
5.8.4. Forest Inhabiting and Hunting ... 227
5.8.5. Road Transportation ... 227
5.8.6. Chewing and Smoking ... 228
5.8.7. Alchaholism ... 229
5.8.8. Uncared Old Aged People ... 230
5.8.9. Violation against Paniya Women ... 230
5.8.10. Deforestation ... 230
Chapter VI  Analysis of Primary Data:

Religious Perspectives  ...  241

6.1.  Introduction
6.2.  Paniya Religion  ...  241
6.3.  Religion as the centre of Paniya Society  ...  241
6.4.  Present Day Paniya Religion  ...  243
6.5.  Some Important Characteristics of Paniya Religions  ...  248
6.6.  The Paniya Religious Focus  ...  249
6.7.  The Beliefs of Paniya Religion  ...  250
6.7.1.  Belief in Gods and Goddesses  ...  250
6.7.2.  Belief in the Spirit World  ...  253
6.7.3.  Belief in Witchcraft and Magic  ...  254
6.7.4.  Belief in Worship, Prayer and Sacrifice  ...  257
6.8.  Beliefs of Paniyas  ...  260
6.8.1.  Life after Death  ...  260
6.8.2.  Soul  ...  260
6.9.  Religious Practices  ...  261
6.9.1.  Omens  ...  262
6.9.2.  Taboos  ...  262
6.9.3.  Ordeal  ...  263
6.9.4.  Fetish  ...  264
6.9.5.  Divination  ...  265
6.10. Ritual Healing Methods  ...  266
6.11. Scriptures  ...  268
6.12. Folklore  ...  271
6.13. Proverbs  ...  271
6.14. Legends  ...  272
6.15. Folk Song  ...  272
6.16. Music  ...  273
6.17. Dancing  ...  273
6.18. Arts  ...  274
6.19. Painting  ...  275
6.20. Rites Connected with Cycle of Life  ...  275
6.21. Festivals  ...  276
6.22. Religious Functionaries among the Paniyas  ...  278
6.23. Sanskritisation  ...  284
6.24. Paniya Religion and Hinduism  ...  287
Chapter VII  Analysis of Primary Data: Social Change Perspectives

7.1. Introduction   ... 293
7.2. Modernism, Technologies and Social Changes  ... 294
7.3. Population and Social Changes  ... 295
7.4. Education and Social Changes  ... 295
7.5. Sanskritisation and Social Changes  ... 296
7.6. Political Influences and Social Changes  ... 297
7.7. Changes in Social Structure  ... 297
7.8. Changes in the Media and Entertainments  ... 297
7.9. Changes in the Languages  ... 298
7.10. Changes in the Educational Status  ... 298
7.11. Changes in the Economic Status  ... 298
7.12. Changes in Economy  ... 299
7.13. Changes in Cultures  ... 300
7.14. Changes in Religious Life  ... 301
7.14.1. God  ... 302
7.14.2. Festivals  ... 302
7.14.3. Role of Paniya Priest  ... 303
7.14.4. Worship  ... 303
7.15. Changes in Food Habits  ... 303
7.16. Changes in the Custom of Wearing Ornaments  ... 304
7.17. Changes in the Customs Related to Child Birth  ... 304
7.18. Changes in the Customs of Dress  ... 305
7.19. Changes in Marriage Patterns  ... 305
7.20. Changes in the Health Care System  ... 307
7.21. Change in Occupation  ... 308
7.22. Changes in Music Instruments, Folk Songs  ... 309

Case Studies  ... 310
Test of Hypothesis  ... 313

Chapter VIII  Conclusion, Findings and Recommendations

8.1. Conclusion  ... 321
8.2. Major Findings  ... 321
8.3. Recommendations  ... 326
8.4. Some of the Prime concerns  ... 333
Bibliography ........................................... 334
Appendices ........................................... 344
Appendix -1 Interview Schedule ................ i- xiii
Appendix -2 Photos ................................ xiv-xx
Appendix -3 State Primary Census Abstract for Individual Scheduled Tribe – Paniyan xxi
Appendix -4 Deployment of Paniya Population in Kannur xxii
Appendix -5 Maps ................................ xxi -xxiv
Appendix -6 List of Paniya, Adiya, Kurichya Colonies in Kannur xxv- xxviii
Appendix -7 Deployment of Tribal Population in Kannur xxix- xxxi